NOVEMBER

Park Vista retirement living
NORTH HILL

2026



WELCOME TO OUR

MONTHLY NEWSLETTER

November is here, and we're looking forward to another month filled with fun, friendship, and plenty of reasons to celebrate! As the weather gets colder and the holiday season gets closer, we'll be enjoying time together, making memories, and finding little ways to make each day special. We hope everyone has a wonderful November!



Park Vista North Hill - A Park Vista Retirement Community
1451 20th Avenue • East Moline, IL 61244 • (309) 752-9711 • Parkvistaliving.org

Resident Birthdays

November 8th	Deborah K
November 11th	Cynthia C
November 11th	Sheila B
November 11th	Gerlean M
November 13th	Richard M
November 15th	Marie P
November 19th	Helen R
November 22nd	Ralph M
November 24th	Deb L
November 26th	Sharon S
November 27th	Terry J

October 30th was a very special day at Park Vista as we celebrated Wally's 100th birthday! Reaching 100 years is an incredible milestone, and we were so happy to celebrate this momentous occasion with him. Help us wish Wally a very happy 100th birthday!



November Birthstones: Topaz & Citrine

NOVEMBER HAS TWO BEAUTIFUL BIRTHSTONES: TOPAZ AND CITRINE. TOPAZ COMES IN SEVERAL COLORS, INCLUDING A WARM GOLDEN SHADE, WHILE CITRINE IS KNOWN FOR ITS CHEERFUL YELLOW AND ORANGE TONES. BOTH STONES ARE OFTEN ASSOCIATED WITH WARMTH, HAPPINESS, AND POSITIVITY, MAKING THEM A PERFECT FIT FOR THE MONTH OF NOVEMBER!



Celebrating Our November Stars!

OUR PARK VISTA TEAM DESERVES TO BE CELEBRATED! THIS MONTH, WE'RE RECOGNIZING THE STAFF MEMBERS CELEBRATING BIRTHDAYS AND WORK ANNIVERSARIES. WE'RE GRATEFUL FOR THE DEDICATION, KINDNESS, AND HARD WORK THEY BRING TO PARK VISTA EACH DAY. PLEASE JOIN US IN WISHING THEM A HAPPY BIRTHDAY AND CONGRATULATING THEM ON ANOTHER YEAR WITH OUR PARK VISTA FAMILY!

Happy Birthday

November 8th	Gabrella G
November 10th	Emma S
November 16th	Juan F
November 17th	Sara F
November 27th	Darin H

Happy Anniversary

21 Years	Brittany Q
14 Years	Keith F
11 Years	Branka T
3 Years	Kiara C
2 Years	Emmalee A
1 Year	Lorena M





Resident Socials

You are invited. Join us every Thursday & Friday for Happy Hour. Enjoy drinks, snacks, and live entertainment to kick off the weekend.

Thursday's at 3pm in The Main Building Lobby

Friday's at 3pm in The Pub

Week 1: ***Thursday - Trivia*** ***Friday - Janet Lieb***

Week 2: ***Thursday - Mark Gordon*** ***Friday - Music Bingo***

Week 3: ***Thursday - Darlene Bruewet*** ***Friday - Tony Rangel * in Legacy****

Week 4: ***Friday - Jim Ryan***

HONORING OUR HEROES

JOIN US ON NOVEMBER 11TH AS WE TAKE A DAY TO RECOGNIZE AND HONOR THE VETERANS WHO HAVE SERVED OUR COUNTRY. WE'LL KICK OFF THE MORNING AT 8 AM WITH CAPT. JOSE SPEAKING TO OUR RESIDENT VETERANS, FOLLOWED BY A SPECIAL BREAKFAST SPONSORED BY ST. CROIX HOSPICE. THE EAST MOLINE AMERICAN LEGION WILL THEN JOIN US FOR A FLAG CEREMONY. WE'LL WRAP UP THE DAY'S CELEBRATIONS AT 3 PM WITH LIVE MUSIC FROM JIM KUHLMAN AND SPECIAL TREATS SPONSORED BY HEARTLAND HOSPICE. WE INVITE EVERYONE TO JOIN US IN SHOWING APPRECIATION FOR THE VETERANS WHO HAVE GIVEN SO MUCH.

NOVEMBER *Resident Spotlight* 2026

DOROTHEA



DOROTHEA LOVES MUSIC AND ENJOYS DANCING AND BOBBING HER HEAD ALONG TO THE BEAT! SHE ALWAYS HAS A SMILE TO SHARE, AND ONE OF HER FAVORITE THINGS IS WHEN HER DAUGHTER COMES TO VISIT.

WHAT IS SOMETHING THAT ALWAYS MAKES YOU SMILE?

"MUSIC."

WHAT IS ONE OF YOUR FAVORITE MEMORIES OR ACCOMPLISHMENTS?

"MY CHILDREN!"

WHAT ADVICE WOULD YOU GIVE TO THE YOUNGER GENERATION?

"BE HAPPY"

DOLI



DOLI HAS BEEN A VALUED MEMBER OF OUR DIETARY TEAM FOR MANY YEARS! SHE IS ONE OF THE SWEETEST PEOPLE YOU'LL EVER MEET AND IS ALWAYS WILLING TO LEND A HELPING HAND WHENEVER SHE CAN. WE'RE SO LUCKY TO HAVE SOMEONE AS KIND AND CARING AS DOLI ON OUR TEAM!

WHAT DO YOU ENJOY MOST ABOUT WORKING HERE?

"I LOVE EVERYTHING HERE!"

WHAT IS THE TOP THING ON YOUR BUCKETLIST?

"GOING BACK TO MY COUNTRY!"

IF YOU COULD HAVE ANY SUPERPOWER, WHAT WOULD IT BE AND WHY

"FLYING!!!!!"



A Little Pumpkin Competition!

Our pumpkin decorating contest brought out some pretty creative entries this year! Taking home first place was our adorable penguin pumpkin, with the gnome coming in second. Third place went to a spooky painted pumpkin featuring a zombie, vampire, and Frankenstein's monster. We had some great competition this year, and a big thank-you to everyone who decorated a pumpkin and cast a vote!



Conversations That Matter

November is Alzheimer's Awareness Month, making it a fitting time to come together for an important conversation. Join us November 23rd from 4–6 PM on our Memory Care Legacy floor for Conversations That Matter. This gathering is for families, caregivers, and anyone interested in learning more about Alzheimer's and dementia. It's a chance to share experiences, ask questions, learn from one another, and connect with others who understand. We hope you'll join us!



A Taste of Oktoberfest!

We brought a little taste of Germany to Park Vista for our Oktoberfest Happy Hour! Dick Castle's Polka Band kept the music going while everyone enjoyed German potato salad, pretzels dipped in hot melted cheese, and a little Oktoberfest beer. There was plenty of dancing, toe-tapping, and good company throughout the afternoon. It was a great way to celebrate Oktoberfest!



A Spooktacular Halloween!

Costumes, candy, and plenty of Halloween spirit! Our annual Trick-or-Treat event welcomed the public into Park Vista, giving everyone a chance to enjoy the holiday together. Our residents certainly got into the spirit with their Halloween costumes! A special shout-out to our staff who worked hard behind the scenes to decorate, organize, and make the event happen. We couldn't have pulled it off without them!

Tip of The Month



Giving Thanks

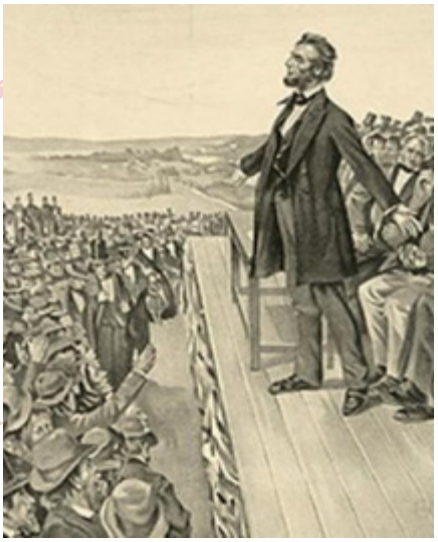
November is a great time to send a thank-you note. Consider reaching out to someone you haven't spoken with in a while to let them know what they mean to you. A handwritten note only takes a few minutes, but it is something people truly appreciate and keep.

Pop culture and fun facts

This Month in History:

November 11, 1918 — World War I Comes to an End

On the eleventh hour of the eleventh day of the eleventh month, an armistice between the Allied nations and Germany went into effect, bringing the fighting of World War I to an end. This date later became known as Armistice Day and was officially renamed Veterans Day in 1954, honoring all who have served in the U.S. military.



November 19, 1863 — The Gettysburg Address

President Abraham Lincoln delivered one of the most famous speeches in American history at the dedication of a cemetery for soldiers who died during the Civil War. Although the speech was only a few minutes long, its message about freedom, equality, and national unity is still remembered today.

Famous Birthdays:



- **November 7, 1867 — Marie Curie** A pioneering scientist who conducted groundbreaking research on radioactivity. She was the first woman to win a Nobel Prize and remains the only woman to win Nobel Prizes in two different sciences
- **November 9, 1934 — Carl Sagan** An American astronomer and author who made science exciting and understandable for the public. He was best known for his television series Cosmos and his famous phrase, "Billions and billions."
- **November 11, 1974 — Leonardo DiCaprio** An award-winning American actor known for movies such as Titanic, The Aviator, and The Revenant.
- **November 30, 1835 — Mark Twain** An American author and humorist best known for writing The Adventures of Tom Sawyer and Adventures of Huckleberry Finn. He is considered one of America's most beloved writers.



Happy Thanksgiving





























SEE YOU NEXT MONTH!





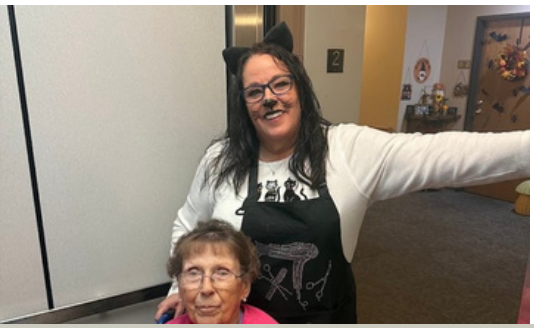
















Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.

Please reach out anytime with questions or feedback.

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