

OCTOBER

Park Vista
retirement living
NORTH HILL

2026



WELCOME TO OUR MONTHLY NEWSLETTER

October has a way of making everything feel a little more cozy. The leaves are changing, the days are getting shorter, and there's something about this time of year that makes us want to slow down and enjoy the little things, a good conversation, a favorite treat, a laugh with a friend, or simply sitting together and watching the season change outside. We have plenty planned this month at Park Vista, from fall fun and familiar favorites to a few surprises along the way. So, grab a cup of coffee, take a look at what's coming up, and let's make October a month full of good moments and even better memories.

Joyful Moments & Connection



Park Vista North Hill - A Park Vista Retirement Community
1451 20th Avenue • East Moline, IL 61244 • (309) 752-9711 • Parkvistaliving.org

Resident Birthdays

October 1 st	Marilyn W.
October 2 nd	Donna J.
October 5 th	Bruce N.
October 6 th	Daisy G.
October 6 th	Richard R.
October 7 th	Phyllis D.
October 8 th	Sharon S.
October 8 th	Lucille S.
October 8 th	JoAnn T.
October 11 th	Sue T.

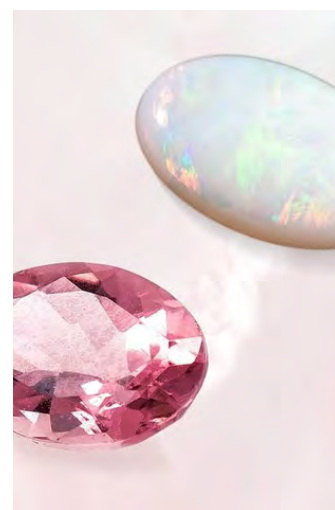
October 11 th	Stella Z.
October 14 th	Beverly H.
October 14 th	Diane A.
October 16 th	Ruth W.
October 20 th	Sharon S.
October 20 th	Phyllis S.
October 24 th	Patricia R.
October 29 th	Caroline L.
October 29 th	Bernice M.
October 30 th	Anna D.

This month, we're celebrating a truly special milestone as Wally turns 100! Help us celebrate a century of memories, stories, and moments that have made his life so remarkable.



The Beauty of October's Birthstones

OCTOBER IS REPRESENTED BY TWO BEAUTIFUL BIRTHSTONES, EACH WITH ITS OWN UNIQUE CHARM. OPAL IS ADMIRER FOR ITS LUMINOUS, EVER-CHANGING COLORS, WHILE TOURMALINE IS CELEBRATED FOR ITS BEAUTIFUL RANGE OF SHADES, FROM SOFT PINKS TO VIBRANT GREENS. TOGETHER, THEY CAPTURE THE BEAUTY AND COLOR OF AUTUMN AND MAKE OCTOBER A PARTICULARLY SPECIAL MONTH FOR THOSE BORN DURING IT.



Happy BIRTHDAY

October 4 th	Antoinette M.
October 18 th	Crystal P.
October 29 th	Christina S.
October 31 st	Jessica P.

Happy Anniversary

16 Years	Lesley M.
10 Years	Lisa G.
5 Years	Manuela E.
2 Years	Ronald A.
2 Years	Diana M.

Celebrating Our October Stars!

SOMETHING SPOOKY IS IN THE AIR THIS MONTH, AND WE'RE NOT JUST TALKING ABOUT GHOSTS AND GOBLINS! WE'RE CELEBRATING THE STAFF MEMBERS WITH OCTOBER BIRTHDAYS AND WORK ANNIVERSARIES. THEY'VE SURVIVED ANOTHER YEAR AROUND THE SUN AND ANOTHER YEAR OF KEEPING PARK VISTA RUNNING, WHICH DEFINITELY DESERVES A LITTLE CELEBRATION. WE HOPE YOU'LL JOIN US IN GIVING THEM SOME BIRTHDAY AND ANNIVERSARY CHEER BEFORE THE HALLOWEEN FUN TAKES OVER!



Resident Socials

You are invited. Join us every Thursday & Friday for Happy Hour.
Enjoy drinks, snacks, and live entertainment to kick off the weekend.

Thursday's at 3pm in The Main Building Lobby

Friday's at 3pm in The Pub

Week 1: Thursday - Trivia Friday - Music Bingo

Week 2: Thursday - Andy Wesa Friday - Robert Dahms

Week 3: Thursday - The Wiersons Friday - Oktoberfest

Week 4: Thursday - Jim Kuhlman Friday - Name That Tune Happy Hour

Week 5: Thursday - Tony Hoepfner Friday - Terry Stone

PROST! OKTOBERFEST AT THE PUB

**PROST! JOIN US FRIDAY, OCTOBER 16 AT 3:00 P.M. IN THE PUB
FOR AN AFTERNOON OF OKTOBERFEST FUN. WE'LL HAVE WARM
PRETZELS WITH CHEESE, GERMAN POTATO SALAD,
OKTOBERFEST BEER, AND THE LIVELY SOUNDS OF DICK
CASTLE'S DEUTSCHE POLKA BAND. COME READY FOR GOOD
FOOD, GOOD MUSIC, AND A LITTLE GERMAN CHEER!**

MARION



MARION HAS ONLY BEEN WITH US FOR A FEW SHORT MONTHS, BUT SHE HAS ALREADY MADE SO MANY WONDERFUL FRIENDS AND BECOME A SWEET PART OF OUR COMMUNITY. BEFORE JOINING US, SHE WORKED AS A HAIRDRESSER AND DAYCARE TEACHER, BRINGING HER CARING NATURE TO EVERYTHING SHE DID. WE'RE SO HAPPY TO HAVE MARION HERE AND LOVE HER KIND HEART AND WARM PERSONALITY!

WHAT IS SOMETHING THAT ALWAYS MAKES YOU SMILE?

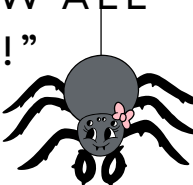
“WHEN WE GET TO DO THAT FUN STUFF LIKE MUSIC!
THAT ALWAYS MAKES ME SMILE.”

WHAT IS ONE OF YOUR FAVORITE MEMORIES OR ACCOMPLISHMENTS?

“THAT ONE NIGHT WE WENT OUT ON THE PATIO AND SAW ALL OF THOSE WONDERFUL THINGS, IT WAS SO PRETTY!”

WHAT ADVICE WOULD YOU GIVE TO THE YOUNGER GENERATION?

“THAT NO MATTER WHAT YOU THINK, THAT EVERYTHING WILL WORK OUT AND ITS WONDERFUL”





NATALIE



NATALIE HAS BEEN A VALUED MEMBER OF OUR DIETARY TEAM FOR THE PAST FEW YEARS AND IS KNOWN FOR HER KIND HEART AND SWEET PERSONALITY. HER CARING NATURE BRINGS A LITTLE EXTRA WARMTH TO EVERYONE SHE MEETS, AND WE'RE SO HAPPY TO HAVE HER AS PART OF THE PARK VISTA FAMILY!

WHAT DO YOU ENJOY MOST ABOUT WORKING HERE?

"I ENJOY HAVING CONVERSATIONS WITH THE RESIDENTS!"

WHAT IS THE TOP THING ON YOUR BUCKETLIST?

"TRAVELING, HOPEFULLY TO ARIZONA!"

IF YOU COULD HAVE ANY SUPERPOWER, WHAT WOULD IT BE AND WHY

"SUPER STRENGTH"





Something New is Cooking

Our kitchen team has been working hard to bring something fresh to the table for the new fall season! We're excited to introduce our new Always Available Menu, with a variety of new choices to enjoy, including our new blueberry salad. Take a look at the menus posted around the building to see the full selection and find something new to try this season.



Fresh Out the Oven

There's been a delicious new addition in Legacy! Our new bread maker has been getting plenty of use, and fresh bread has been making its way into the kitchen almost every day. There's nothing quite like walking in and smelling a fresh loaf baking, and we're excited to keep trying new recipes and filling the halls with that warm, homemade smell.



A Little Carnival Fun

We had a pretty fun afternoon celebrating Grandparents Day with our carnival! There was face painting, plenty of laughs, and of course, the highlight of the afternoon—watching Crystal and Juan take their turns in the dunk tank! It was so much fun seeing everyone out, enjoying themselves and getting in on the festivities. A big thank-you to everyone who helped set up, pitch in, and make the afternoon happen. It takes a team to pull off a day like this, and we appreciate everyone who helped make it such a fun one!



Cruisin' the Mississippi

What a great day for a boat ride! We headed out on the Celebration Belle for lunch and spent the afternoon cruising along the Mississippi River. Along the way, we heard stories about the river's history and the places we were passing. Good food, beautiful views, and good company made for a pretty great afternoon on the water!

Tip of The Month

Enjoy the Little Things

Notice the moment, don't wait for the occasion. Joy often shows up in the ordinary: a laugh at the table, a familiar song, or a quiet conversation. This month, try starting one visit or meal with a simple question: "What made you smile today?"

Pop culture and fun facts

This Month in History:

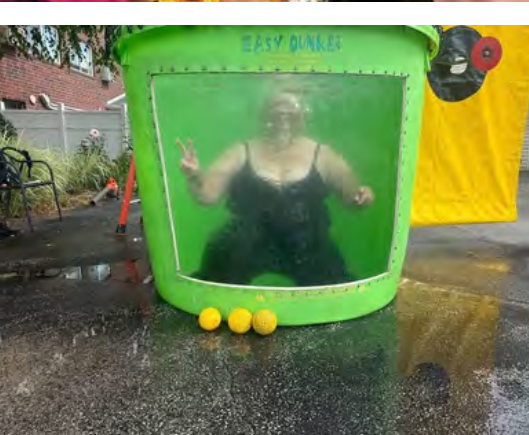
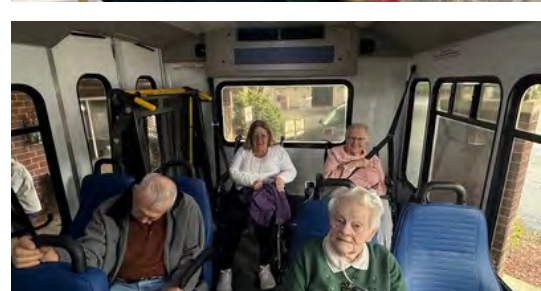
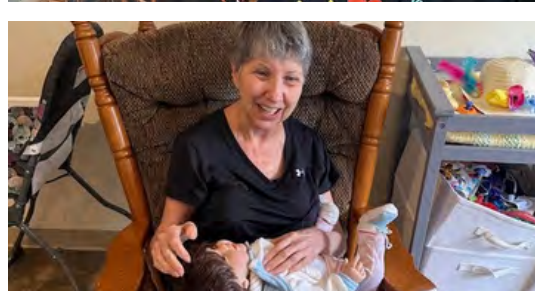
On **October 14, 1947**, Chuck Yeager made history by becoming the first person to officially fly faster than the speed of sound. He piloted the Bell X-1, nicknamed "Glamorous Glennis," during the historic flight over California.

On **October 14, 1892**, Sherlock Holmes Arrives. One of the world's most famous detectives made his book debut when *The Adventures of Sherlock Holmes* was published in 1892. The collection brought readers several of Sherlock Holmes and Dr. Watson's most memorable mysteries and helped make Holmes a lasting literary favorite.

Famous Birthdays:

- **October 1, 1924 — Jimmy Carter** The 39th President of the United States. Known for his humanitarian work and international peace efforts.
- **October 8, 1941 — Jesse Jackson** A Baptist minister and a Leader in the American civil Rights movement and founded the Rainbow/PUSH Coalition, working for social and economic equality
- **October 9, 1940 — John Lennon** an English singer, songwriter, and musician whose work with The Beatles helped shape popular music for generations.
- **October 28, 1967 — Julia Roberts** an award-winning actress who became one of Hollywood's most recognizable stars.







SEE YOU NEXT MONTH!



Contact Us

1451 20th Avenue • East Moline, IL 61244 • (309) 752-9711 • Parkvistaliving.org

A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

Follow Us on Facebook

See community moments and updates online.