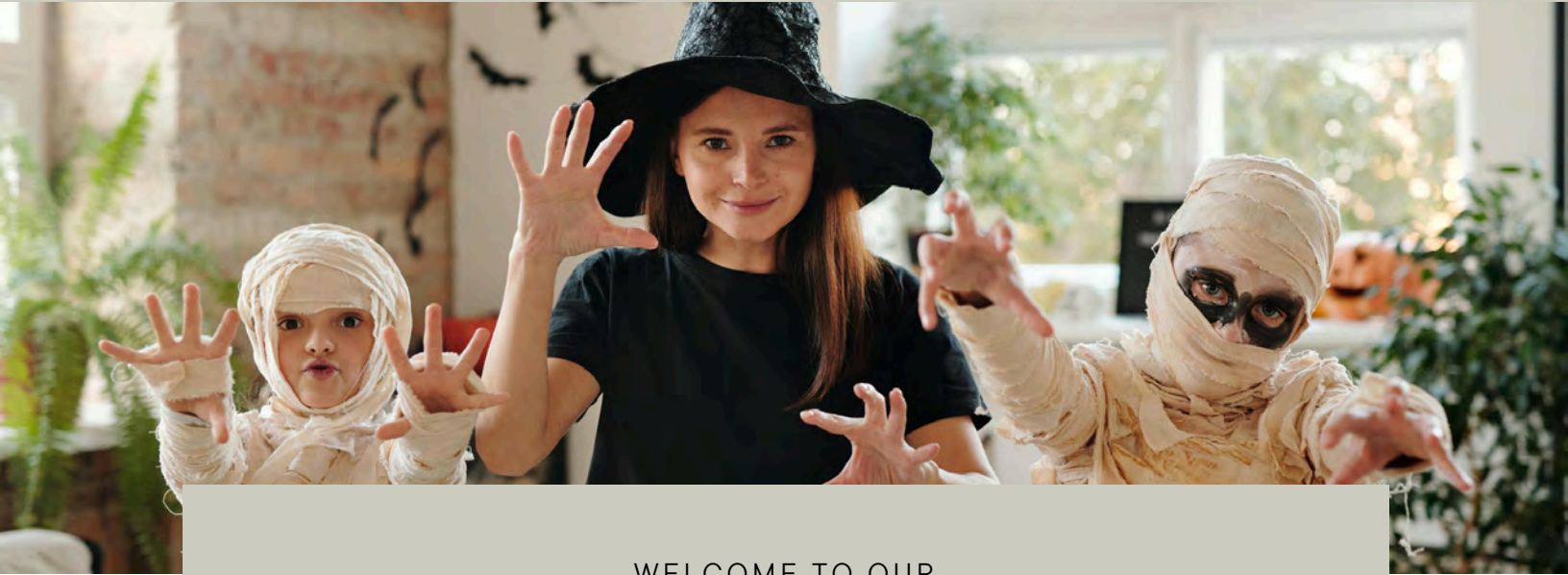




WELCOME TO OUR

MONTHLY NEWSLETTER

Halloween is a spooktacular time of year filled with fun, laughter, and a little bit of fright! From dressing up in creative costumes and enjoying sweet treats to decorating with pumpkins and sharing spooky stories, there's something for everyone to enjoy.



Mark your calendar

10/08	Puppy Time
10/08	Music w/ Maria in the Great Room
10/12	Music w/ Ginny
10/13	Voting at 1:30 in the Activity Room
10/19	Wellness Hr. w/ Nurse Kelly at 3:00p.m.
10/29	PV Halloween Spooktacular 3:00-5:00p.m.

Resident Birthdays

10/02	Sandra Petersen
10/05	Clinton Kircherer
10/08	Helen Demsien
10/09	Joyce Klusmeyer
10/22	Larry Handrich
10/24	Barb Gutho

Resident Socials

You are invited. Join us every Wednesday for Happy Hour.
Enjoy drinks, snacks, and live entertainment.

Wednesdays at 3:00p.m. in the Great Room

Week 1: **Derek Lind**

Week 2: **Dale Dobbe**

Week 3: **Stevie Keys**

Week 4: **K & L Duo**



Family Appreciation Fish Fry

Park Vista had a wonderful time celebrating our families with a Family Appreciation Fish Fry! Our residents and their loved ones enjoyed hand-battered fish, creamy coleslaw, a baked potato, and refreshing Old Fashioneds or Shirley Temples. Most importantly, residents were able to spend quality time with the family members and special people who help care for and support them. It was a wonderful evening filled with good food, laughter, and cherished memories, and a heartfelt way to show our appreciation for the families who are such an important part of the Park Vista community!



Family Time!

Carolyn Warrick and her family were all smiles while enjoying a tasty Family Appreciation Fish Fry at Park Vista! It was a wonderful time filled with delicious food, laughter, and cherished moments together. We loved seeing families come together and make special memories!



Families Coming Together.

Many of our residents' families joined us in celebrating and showing appreciation for all that their loved ones do each day. It was a wonderful opportunity to recognize the love, support, and care they provide to their family members here at Park Vista.



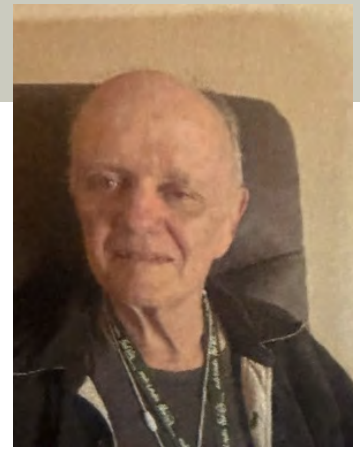
Smiles all around.

Gloria and her son enjoyed each other's company, along with the company of others who help care for and support their family members. Everyone gathered together to enjoy a scrumptious meal and a refreshing Old Fashioned or Shirley Temple to wash it all down. It was a wonderful time filled with good food, laughter, and quality family time!



Mother & Daughter Time.

Diane's wonderful daughter joined her for our Appreciation Meal, making the day even more special. She is a loving and dedicated caregiver to her mother, and we are truly grateful for all the time, support, and care she gives. Diane is very blessed to have such a wonderful daughter by her side!



Welcome New Residents

Please join us in giving a big Park Vista welcome to our newest residents, from left to right: Patricia Paider, Jerry Larson, Lisa Puls, and Nick Clark!

If you see them around our community, be sure to say hello, introduce yourself, and give them a warm welcome! We're so happy to have you as part of the Park Vista family!



Newest Team Member

Meet Jenni Rice, our newest team member and new Business Office Manager.

Feel free to stop by her office, say hello, and give Jenni a warm welcome to the Park Vista community!



We had an amazing Assisted Living Week filled with laughter, fun, and plenty of appreciation for our wonderful residents and staff! We kicked off Monday with Patriotic Day, where residents enjoyed refreshing popsicles while staff were treated to donuts with the sweet message, “You Donut Know How Much We Appreciate You!” Tuesday brought Polka Dots & Stripes Day, complete with a fun game of Pass the Scarf using pool noodles, while staff enjoyed a delicious nacho bar for “Nacho Average Resident Assistants!” Wednesday was Wacky Day, and residents had a blast taking on a hands-free donut challenge against the staff member of their choice, while staff enjoyed a refreshing Frappuccino with a heartfelt “Thank You a Latte!” Thursday was Favorite Sports Day, where residents had the opportunity to play Pie Face and, with plenty of smiles and laughter, smash a pie in the face of their favorite staff member! Staff were also treated to muffins with the message, “Muffin to Do But Appreciate You!” We wrapped up the week on Friday with Superhero Day, where residents dressed up with capes and masks, posed in front of our fun superhero backdrop, and captured some wonderful memories. To finish this special week of appreciation, we celebrated our amazing staff with a delicious smoked pulled pork luncheon. It was truly a week filled with smiles, laughter, and gratitude for all that makes Park Vista such a special community!











MONTHLY VITALS DAY!

Healthy People Happier Days! ♥

Thursday, October 8th

7:00 AM – 10:00 AM

AND

1:30 PM – 3:00 PM

Front Lobby by the Birdcage

Get checked.
Feel great.
Keep thriving! ♥

Stop on by! ♥

A LITTLE CHECK-UP TODAY CAN MAKE A BIG DIFFERENCE TOMORROW! ♥

We'll see you there! ♥

VITALS CHECKLIST:

- BLOOD PRESSURE
- HEART RATE
- O₂ OXYGEN LEVELS
- TEMPERATURE
- WEIGHT



The Halloween Surprise at Park Vista

It was a chilly Halloween evening at Park Vista, and the residents were gathered together enjoying cider, treats, and plenty of laughter. Suddenly, the lights flickered three times—*blink, blink, blink!*—and everyone heard a soft “BOO!” from down the hallway. A few residents giggled while others looked around, wondering if a friendly ghost had decided to join the party. Then, from around the corner came a tiny orange pumpkin rolling slowly across the floor all by itself!

Everyone followed the pumpkin until it stopped right beside a big Halloween basket. Inside was a note that read, “Happy Halloween, Park Vista! I came for the treats, but I stayed for the fun!” Just then, the lights came back on, revealing a staff member hiding behind a doorway dressed as a silly ghost. Everyone burst into laughter! From that night on, the residents agreed that the only thing scarier than a ghost at Park Vista was running out of Halloween candy! 🎃



*Halloween Candy
Donations.*

All candy is welcome.

*Mark your calendar
and remind your
family members to
come to Park Vista's
Spooktacular!*



Tip of The Month

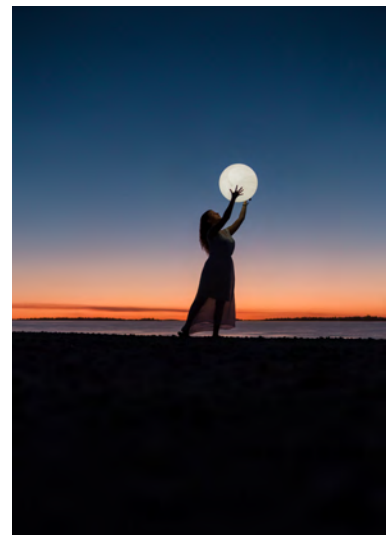
October Wellness Tip:

Notice the moment, don't wait for the occasion. Joy often shows up in the ordinary: a laugh at the table, a familiar song, or a quiet conversation. This month, try starting one visit or meal with a simple question: "What made you smile today?"



Fun Facts

- October is known for beautiful fall colors as leaves change.
- Halloween is celebrated on October 31.
- The October full moon is often called the Hunter's Moon.
- October is a popular month for apple picking and cider.
- Bats are one of the few mammals that can truly fly.





SEE YOU NEXT MONTH!

Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

Follow Us on Facebook

See community moments and updates online.