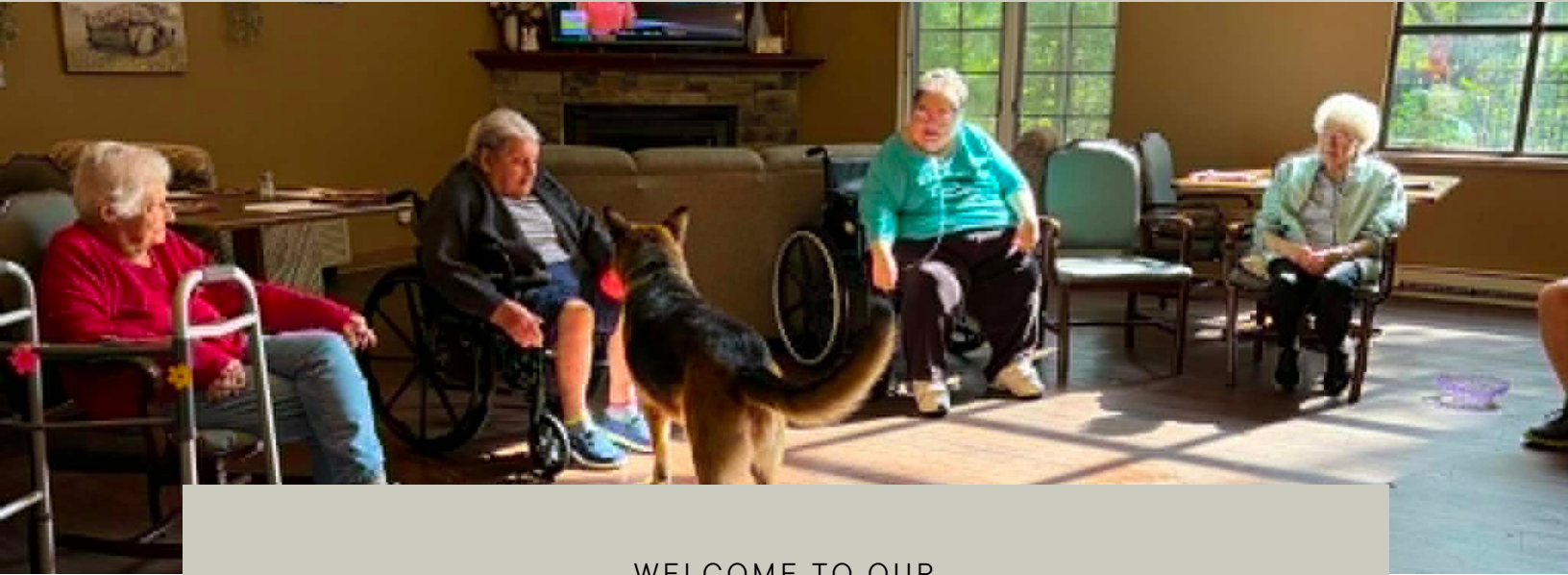




WELCOME TO OUR

SEPTEMBER NEWSLETTER

We wish you warmth during these cooler days and encourage you to keep smiling, as it brings joy to everyone around you.



Birthdays

9/10	Nancy D.
9/13	Vicky H.
9/16	Kathy A.
9/17	Lanie R.
9/17	Eleanor M.

Mark your calendar

9/3 4-6pm	Annual Brat Fry Event
9/7	Labor Day
9/10 10am	Hannah's Accordion
9/13	Grandparents Day
9/14 1:30pm	Humane Society
9/13-9/19	Assisted Living week
9/25 10am	Hannah's Accordion
9/25 1:45pm	Rob Peterson

SEPTEMBER BIRTHSTONE

•SAPPHIRE•



What makes **sapphire**, the September birthstone, everyone's favourite? It's vibrant hue, irresistible sparkle and remarkable strength.

This one-of-a-kind gemstone is also considered a symbol of **loyalty, trust, faith** and **hope**.





4th Octave Singing Group

We had the joy of listening and singing along with the 4th Octave Group. The experience was truly enchanting; it was like being in a musical. There was singing, a few joyful tears, feet tapping, and heads bobbing to the music.



Hannah's Accordion

We always look forward to Hannah's visits, as she not only plays for us but also shares the most entertaining and amusing stories.



Resident Spotlight

Meet Beverly, a person who is always sporting a smile and has a witty comment at the ready. She loves visits from her family and enjoys engaging in activities, even if it's just to observe.



Staff Feature

Introducing Kailee, Lead Resident Assistant

Kailee has been a valued member of the Park Vista family for nearly one year, demonstrating both dedication and compassion. In her free time, she enjoys spending quality moments with her family and caring for her pets.



September Word Search



Find all 25 HIDDEN WORDS in the word search puzzle below. Good luck!

S	J	A	N	N	T	E	D	I	S	K	Q	T	E
V	C	C	U	H	O	R	L	K	R	A	K	E	T
B	T	A	O	T	A	G	L	A	X	D	Q	K	A
A	G	S	R	H	U	A	A	C	B	G	Z	C	R
K	R	N	C	E	T	M	A	W	C	Y	H	A	G
I	Y	R	I	S	C	N	N	B	O	S	A	J	I
N	O	J	N	K	N	R	Q	T	L	D	O	H	M
G	M	R	S	I	I	L	O	Q	O	O	X	V	F
M	O	G	N	F	X	H	Y	W	R	O	K	F	S
C	J	G	A	P	P	L	E	S	F	W	I	E	T
A	D	T	S	E	V	R	A	H	U	E	V	M	R
D	E	C	I	D	U	O	U	S	L	A	A	I	A
S	D	R	U	O	G	K	D	D	E	P	A	R	I
S	C	E	N	I	C	I	S	L	L	F	P	O	L
V	G	B	J	S	P	S	E	E	R	T	G	L	S

APPLES
AUTUMN
BAKING
CANNING
COLORFUL
CORNSTALKS
DECIDUOUS

FAIR
FIELDS
GOURDS
HARVEST
HAY BALE
HIKING

JACKET
LEAVES
MAPLE
MIGRATE
ORCHARD
RAKE

SCARECROW
SCENIC
TRAILS
TREES
WAGON
WOODS

Tip of The Month

Summer doesn't end all at once; it fades a little at a time. Make it a goal to get outside at least once a day before the weather turns, even if it's just a few minutes on the porch, a short walk, or a moment in the sun with your coffee. A little fresh air goes a long way for your mood, energy, and sleep - an easy way to hold onto summer's energy while it's still here.



Pop culture and fun facts

1903: The First U.S. License Plate

Henry Lee Higginson, the founder of the Boston Symphony Orchestra, was tired of cars speeding past his home at the crazy speed at 15 MPH, turned in the petition, "A Petition Relative to Licensing Automobiles and Those Operating the Same." Massachusetts passed a provision in 1903 to create an automobile department which required car owners to register their cars and then pay a \$2 fee each year and display a license plate of each of their vehicles. The first license plate was issued on this day to Frederick Tudor of Brookline.







SEE YOU NEXT MONTH!

Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

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