

JULY

Park Vista
retirement living
NORTH HILL

2026



WELCOME TO OUR MONTHLY NEWSLETTER

As July arrives, we're embracing the heart of summer with gratitude, energy, and excitement for the weeks ahead. Whether you're enjoying sunny days, celebrating with family and friends, or looking forward to new opportunities, we hope this month brings plenty of reasons to smile. In this edition, you'll find updates, upcoming events, and highlights from our community. Thank you for being part of our journey we're glad you're here, and we hope you enjoy this month's newsletter!



Park Vista North Hill - A Park Vista Retirement Community
1451 20th Avenue • East Moline, IL 61244 • (309) 752-9711 • parkvistaliving.org

Resident Birthdays

July 4 th	Iona K.
July 9 th	Steven H.
July 10 th	Judy V.
July 15 th	Thomas B.

July 23 rd	Bob D.
July 25 th	Ann T.
July 26 th	Charlene C.

July's Sparkling Birthstone



JULY'S BIRTHSTONE, THE RUBY, IS KNOWN FOR ITS DEEP RED COLOR AND HAS LONG BEEN A SYMBOL OF LOVE, STRENGTH, AND JOY. THROUGHOUT HISTORY, RUBIES HAVE BEEN CHERISHED AS GEMSTONES THAT REPRESENT WARMTH, VITALITY, AND HEARTFELT CONNECTIONS. WE WISH A VERY HAPPY BIRTHDAY TO ALL OF OUR JULY-BORN RESIDENTS AND HOPE YOUR SPECIAL MONTH IS FILLED WITH WONDERFUL MEMORIES, LAUGHTER, AND TIME SPENT WITH FAMILY AND FRIENDS.





CHRISTMAS IN JULY HAPPY HOUR

BEAT THE SUMMER HEAT AND CELEBRATE THE HOLIDAY SEASON A LITTLE EARLY AT OUR CHRISTMAS IN JULY HAPPY HOUR! JOIN US FOR A FESTIVE AFTERNOON FILLED WITH HOLIDAY MUSIC, DELICIOUS REFRESHMENTS, AND PLENTY OF LAUGHTER AS WE BRING THE MAGIC OF CHRISTMAS TO THE MIDDLE OF SUMMER. IT'S A WONDERFUL OPPORTUNITY TO RELAX, VISIT WITH FRIENDS, AND ENJOY THE HOLIDAY SPIRIT TOGETHER.

BE SURE TO WATCH FOR A SPECIAL VISIT FROM MRS. CLAUS, WHO WILL BE STOPPING BY TO SPREAD CHRISTMAS CHEER AND BRIGHTEN EVERYONE'S DAY. WHETHER YOU'RE A LONGTIME FAN OF THE HOLIDAYS OR SIMPLY LOOKING FORWARD TO A FUN AFTERNOON WITH FRIENDS, WE HOPE YOU'LL JOIN US FOR THIS MERRY CELEBRATION!





Resident Socials

You are invited. Join us every Thursday & Friday for Happy Hour.
Enjoy drinks, snacks, and live entertainment to kick off the weekend.

Thursday's at 3pm in The Main Building Lobby

Friday's at 3pm in The Pub

Week 1: Thursday - Mark Gordon Friday - Janet Lieb

Week 2: Thursday - Oscar Stricklin Friday - Jim Ryan

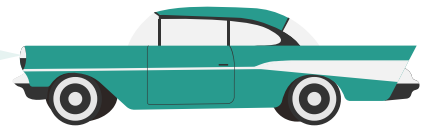
Week 3: Thursday - Trivia Friday - Troy Rangel X-Mas in July

Week 4: Thursday - Darlene Bruewet Friday - Trivia

Week 5: Thursday - Car Show Friday - Jim Kuhlman in MBL



HAPPY HOUR & CAR SHOW



**JOIN US ON THURSDAY, JULY 30, FROM 11:00 A.M. TO 1:00 P.M.
IN THE FRONT PARKING LOT FOR OUR HAPPY HOUR AND CAR
SHOW! ENJOY REFRESHMENTS, VISIT WITH FRIENDS, AND TAKE A
STROLL THROUGH A COLLECTION OF CLASSIC AND UNIQUE CARS.
WE HOPE YOU'LL JOIN US FOR A FUN AFTERNOON OF GREAT
COMPANY AND BEAUTIFUL VEHICLES.**

COOKIE



A FORMER CLOWN, SHE HAS A PLAYFUL SPARK AND AN EASYGOING CHARM THAT ADDS WARMTH TO THE COMMUNITY. SHE IS KNOWN FOR BEING KIND-HEARTED AND APPROACHABLE, WITH A GENTLE WAY OF CONNECTING WITH OTHERS. WHEN MUSIC COMES ON, SHE OFTEN ENJOYS DANCING, BRINGING A BIT OF JOY AND MOVEMENT TO THE MOMENT.

**WHAT IS SOMETHING PEOPLE MIGHT BE SURPRISED
TO LEARN ABOUT YOU?**

I'M A CLOWN AND WENT TO CLOWN COLLEGE

• **WHAT IS YOUR FAVORITE DESSERT?**

ANYTHING CHOCOLATE

WHAT IS SOMETHING THAT ALWAYS MAKES YOU HAPPY?

MONEY

**WHAT ADVICE WOULD YOU GIVE TO
THE YOUNGER GENERATION?**

TO KEEP YOUR MOUTH SHUT

ANTOINETTE



OUR ASSISTANT DIRECTOR OF NURSING (ADON), HAS BEEN A VALUED MEMBER OF OUR COMMUNITY FOR MANY YEARS. SHE IS KNOWN FOR HER KIND HEART, FRIENDLY SMILE, AND IMPECCABLE SENSE OF STYLE THAT BRIGHTENS THE HALLS EVERY DAY.

WHAT'S SOMETHING YOU WISH MORE PEOPLE KNEW ABOUT YOUR ROLE OR THE WORK YOU DO HERE?

I'M READY TO HELP-I'M WILLING TO STEP OUT OF THE OFFICE & ONTO THE FLOOR TO HELP WHEN THE TEAM IS SHORT HANDED. ALSO, THE RESIDENTS DO NOT NEED A MEDICAL EMERGENCY TO COME TALK TO ME; I ALWAYS LOVE STOPPING FOR A CHAT.

WHAT DO YOU ENJOY MOST ABOUT YOUR JOB?

I ENJOY THE UNIQUE PERSONALITIES, THE INCREDIBLE STORIES, AND THE TALENTED STAFF I WORK WITH.

WHAT IS THE TOP THING ON YOUR BUCKETLIST?

TO VISIT AFRICA AND TO FLY ON A PRIVATE PLANE TO ANYWHERE IN THE WORLD.

WHAT IS A FUN FACT ABOUT YOU THAT RESIDENTS MIGHT NOT KNOW?

MY FRIENDS AND FAMILY ALL CALL ME THE "BABY WHISPERER"



Honoring Our Nation's Flag

We were honored to host a special flag ceremony with the East Moline American Legion. Residents and staff gathered to show their respect and appreciation as the Legion led a meaningful presentation of our nation's flag. It was a proud and reflective moment for our community, and we are grateful to the American Legion for taking the time to share this important tradition with us.



Aloha Happy Hour

we enjoyed a fun and festive Hawaiian-themed Happy Hour with a special performance by the QC Ukulele Club. Residents gathered together to enjoy tropical-inspired refreshments, island music, and plenty of smiles as the ukulele group filled the room with lively, upbeat songs. The cheerful atmosphere made it feel like a little island getaway right here at home, and everyone had a wonderful time celebrating together.



Music Under the Evening Sky

Residents enjoyed a lovely evening outing to Stevens Square, where they listened to live music under the evening sky. The group relaxed together while enjoying snacks, conversation, and the warm summer atmosphere. It was a wonderful night filled with laughter, music, and great company, and everyone had a memorable time together.



A Patriotic Outing to the Theater

Residents enjoyed a wonderful outing to see the play 1776 at the Music Guild, where they experienced a powerful and entertaining performance about the founding of our nation. The show brought history to life with engaging music, strong performances, and an inspiring story that held everyone's attention from start to finish. It was a memorable afternoon shared with friends, filled with culture, learning, and enjoyment.

Tip of The Month

Make the Most of the Sunshine

Summer mornings are made for being outside, and a few small habits make them even better. Head out earlier in the day when the air is cooler, keep a glass of water close by, and don't underestimate the comfort of a shady spot and a wide-brimmed hat.

The sun is good for the spirit. A little planning means more porch conversations, more garden time, and more of the season everyone waits all year for.

Pop culture and fun facts

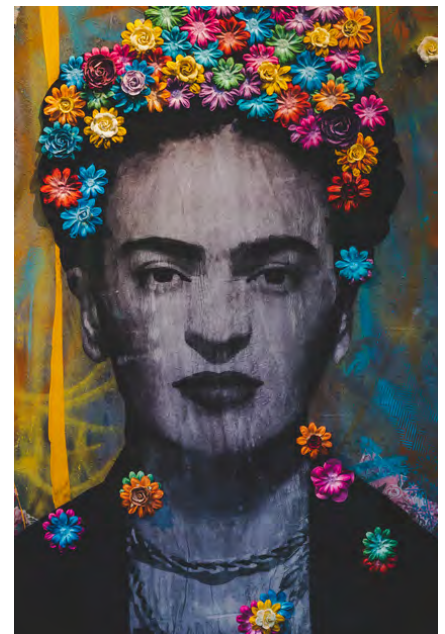
This Month in History:

In early July, one of the most defining moments in modern political history is the signing of the Declaration of Independence on July 4, 1776. With this document, the Thirteen Colonies formally broke away from British rule, setting the foundation for the United States of America. Drafted primarily by Thomas Jefferson and approved by the Continental Congress in Philadelphia, it articulated the colonies' grievances and asserted the principle that governments derive their power from the consent of the governed. Today, July 4 is commemorated as Independence Day in the United States, marked by celebrations, fireworks, and civic traditions reflecting the country's founding ideals.

Another landmark July event is the Apollo 11 Moon Landing, when humans first set foot on the Moon. On July 20, 1969, NASA astronauts Neil Armstrong and Buzz Aldrin landed the lunar module Eagle in the Sea of Tranquility, while Michael Collins orbited above in the command module. Armstrong's famous words, "That's one small step for man, one giant leap for mankind," captured the global significance of the achievement during the Space Race. The mission represented a turning point in space exploration, demonstrating the power of human ingenuity and technological progress, and it remains one of the most celebrated accomplishments in scientific history.

Famous Birthdays:

- **July 3rd Tom Cruise** -an American actor best known for blockbuster films like Top Gun and the Mission: Impossible series, where he often performs his own stunts.
- **July 6th Frida Kahlo** - A Mexican painter celebrated for her powerful self-portraits that explore identity, pain, and Mexican culture.
- **July 18th Nelson Mandela** - A South African anti-apartheid leader who became the country's first Black president and a global symbol of peace and reconciliation.
- **July 30th Arnold Schwarzenegger** - An Austrian-American bodybuilder, actor, and former governor of California, widely known for The Terminator film series.



JULY SEE YOU NEXT MONTH! 2026



Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

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