

AUGUST

Park Vista
retirement living
NORTH HILL

2026



WELCOME TO OUR MONTHLY NEWSLETTER

Welcome to our August newsletter! As summer continues, we hope you're enjoying the warm weather and taking advantage of the many activities and opportunities our community has to offer. This month, we're excited to share upcoming events, important reminders, and highlights that celebrate our wonderful residents and staff. Thank you for being such an important part of our community. We look forward to making August a month filled with connection, fun, and great memories together!



Park Vista North Hill - A Park Vista Retirement Community
1451 20th Avenue • East Moline, IL 61244 • (309) 752-9711 • parkvistaliving.org

Resident Birthdays

August 1st	Patricia Z.
August 5 th	Barbara C.
August 5 th	Doris K.
August 11 th	Phyllis A.
August 12th	Margaret G.
August 14 th	Sally L.

August 18 th	Harold H.
August 19 th	Barbara L.
August 21 st	Judith E.
August 21 st	Cheryl N.
August 24 th	Sharry W.
August 25 th	Jeannie B.
August 30 th	Sandra W.

August's 3 Beautiful Stones

DID YOU KNOW AUGUST IS ONE OF THE FEW MONTHS WITH THREE OFFICIAL BIRTHSTONES? EACH ONE HAS ITS OWN UNIQUE BEAUTY AND MEANING! PERIDOT, WITH ITS VIBRANT GREEN COLOR, IS KNOWN AS THE STONE OF STRENGTH, GOOD FORTUNE, AND POSITIVITY. SPINEL COMES IN A RAINBOW OF STUNNING COLORS AND SYMBOLIZES HOPE, RENEWAL, AND RESILIENCE. SARDONYX, A STRIKING BANDED STONE, HAS BEEN TREASURED FOR CENTURIES AS A SYMBOL OF COURAGE, HAPPINESS, AND PROTECTION. WHETHER YOU'RE CELEBRATING AN AUGUST BIRTHDAY OR SIMPLY ENJOY LEARNING SOMETHING NEW, THESE REMARKABLE GEMSTONES REMIND US THAT EVERY MONTH HAS ITS OWN SPECIAL SPARKLE



Happy BIRTHDAY

August 4 th	Lottie S.
August 6 th	Maria T.
August 12 th	Danielle G.

Happy Anniversary

17 Years	Daliborka G.
10 Years	Bibi G.
7 Years	Crystal G.
2 Years	Sara F.
1 Year	Kasey L.

Celebrating Our August Stars!

AUGUST IS A WONDERFUL TIME TO CELEBRATE THE SPECIAL PEOPLE WHO MAKE OUR COMMUNITY SHINE! HAPPY BIRTHDAY TO ALL OF OUR STAFF CELEBRATING ANOTHER YEAR OF LIFE THIS MONTH. WE HOPE YOUR BIRTHDAY IS FILLED WITH LAUGHTER, LOVE, AND WONDERFUL MEMORIES.

WE ALSO WANT TO RECOGNIZE OUR DEDICATED TEAM MEMBERS CELEBRATING WORK ANNIVERSARIES THIS AUGUST.

YOUR HARD WORK, KINDNESS, AND COMMITMENT MAKE A POSITIVE DIFFERENCE EVERY DAY, AND WE ARE SO GRATEFUL FOR EVERYTHING YOU DO. CONGRATULATIONS TO ALL OF OUR AUGUST BIRTHDAY AND WORK ANNIVERSARY HONOREES—WE'RE PROUD TO CELEBRATE YOU!



Resident Socials

**You are invited. Join us every Thursday & Friday for Happy Hour.
Enjoy drinks, snacks, and live entertainment to kick off the weekend.**

Thursday's at 3pm in The Main Building Lobby

Friday's at 3pm in The Pub

Week 1: Thursday - Trivia Friday - Robert Dahms

Week 2: Thursday - The Wiersons Friday - Terry Stone

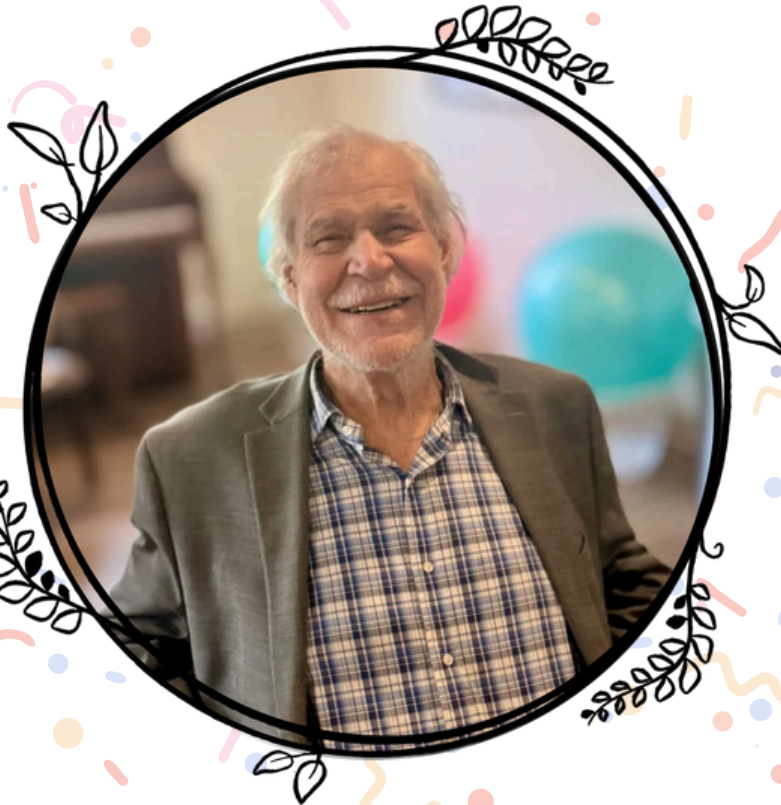
Week 3: Thursday - Andy Wesa Friday - "Car Wash" & Weenie Roast

Week 4: Thursday - Tony Hoepfner Friday - Murder Mystery

EXPERIENCE THE SPIRIT OF THE EAGLE DANCE

JOIN US ON MONDAY, AUGUST 17, AT 10:30 A.M. IN THE MAIN BUILDING LOBBY FOR A SPECIAL NATIVE AMERICAN EAGLE DANCE PROGRAM. THIS ENGAGING PRESENTATION CELEBRATES THE RICH TRADITIONS, HISTORY, AND ARTISTRY OF INDIGENOUS CULTURES THROUGH TRADITIONAL DANCE, MUSIC, AND STORYTELLING. LEARN ABOUT THE CULTURAL SIGNIFICANCE OF THE EAGLE DANCE, A POWERFUL SYMBOL OF HONOR, STRENGTH, COURAGE, AND RESPECT. WE INVITE ALL RESIDENTS TO ATTEND THIS MEANINGFUL EVENT AND ENJOY A UNIQUE OPPORTUNITY TO EXPERIENCE AND APPRECIATE THESE TREASURED CULTURAL TRADITIONS.

ALEXANDER



A LIFELONG CONSTRUCTION WORKER, HE HAS A STRONG WORK ETHIC AND TAKES PRIDE IN THE DEDICATION HE BROUGHT TO HIS CRAFT. HE ENJOYS RELAXING WITH MOVIES AND SPENDING TIME PLAYING BILLIARDS.

WHAT IS SOMETHING PEOPLE MIGHT BE SURPRISED TO LEARN ABOUT YOU?

I'M CRAZY! I HAVE A DARK SIDE AND A HAPPY SIDE

WHAT IS YOUR FAVORITE DESSERT?

ICE CREAM

WHAT IS SOMETHING THAT ALWAYS MAKES YOU HAPPY?

WHEN I GET OFF 3RD FLOOR AND PLAY POOL

WHAT ADVICE WOULD YOU GIVE TO THE YOUNGER GENERATION?

TO BE HAPPY AND LIVE LIFE WHEN YOU'RE YOUNG

CRYSTAL



A LONGTIME MEMBER OF OUR TEAM, SHE HAS BEEN A FAMILIAR AND WELCOMING FACE AT THE FRONT DESK FOR MANY YEARS. SHE IS ALWAYS READY TO LEND A HAND AND HELP WITH WHATEVER NEEDS TO BE DONE, BRINGING DEDICATION, KINDNESS, AND RELIABILITY TO OUR COMMUNITY. HER COMMITMENT AND CARING NATURE MAKE HER AN IMPORTANT PART OF OUR TEAM.

WHAT'S SOMETHING YOU WISH MORE PEOPLE KNEW ABOUT YOUR ROLE OR THE WORK YOU DO HERE?

I'VE WORKED HERE LONG ENOUGH THAT I'M A JACK OF ALL TRADES

WHAT DO YOU ENJOY MOST ABOUT YOUR JOB?

THE RESIDENTS AND MY COWORKERS

WHAT IS THE TOP THING ON YOUR BUCKETLIST?

MAKING IT TO ALL 50 STATES

WHAT IS A FUN FACT ABOUT YOU THAT RESIDENTS MIGHT NOT KNOW?

I DONT KNOW, I'M A OPEN BOOK



A Peaceful SoundScape Experience

Residents recently enjoyed a wonderfully relaxing SoundScape program that provided a peaceful escape from the day's busy pace. The soothing sounds of singing bowls, gentle music, and calming vibrations filled the room, creating a serene atmosphere for rest and reflection. It was a beautiful opportunity to unwind, recharge, and simply enjoy a quiet moment together. Thank you to everyone who joined us and helped make this calming experience so special!



Christmas in July Celebration

Our Christmas in July event brought a little holiday magic to the heart of summer! Residents enjoyed a festive afternoon filled with Christmas cheer, seasonal decorations, joyful music, and fun memories shared with friends and neighbors. The celebration was a wonderful way to enjoy the spirit of the holidays while embracing the warmth of July. It was a fun-filled event that reminded us that a little Christmas cheer can brighten any time of year!



A Heartfelt Thank you!

The Activities Department would like to extend our sincere gratitude to all of the staff members who have stepped in to help while we continue our search for the perfect Activity Aide. Your flexibility, teamwork, and willingness to lend a hand have meant so much to both our department and our residents. Because of your support, we've been able to continue providing engaging programs and meaningful experiences. Thank you for your kindness, dedication, and the positive difference you make each day. We truly couldn't do it without you!



An Under the Sea Adventure

Residents had a wonderful time attending The SpongeBob Musical at the Music Guild! The lively performance brought the beloved characters of Bikini Bottom to life with colorful sets, upbeat songs, and a whole lot of fun. Everyone enjoyed an afternoon filled with laughter, creativity, and great entertainment. It was a memorable outing that gave residents the chance to enjoy a fantastic show while spending quality time together in the community.

Tip of The Month

Small Habits, Big Difference

Small habits make a big difference in summer wellness. Staying cool, staying hydrated, and staying connected go a long way towards a happy, healthy season. Around here, that looks like shaded outdoor time, cold water Breaks, and the kind of company that makes the heat a little easier to enjoy

Pop culture and fun facts

This Month in History:

August has been a month marked by groundbreaking discoveries, important decisions, and events that have shaped the world. On August 6 and 9, 1945, atomic bombs were dropped on the Japanese cities of Hiroshima and Nagasaki during World War II, leading to Japan's surrender and the end of the war. These events changed the course of history and continue to influence discussions about peace, diplomacy, and the use of technology in warfare.

August has also been a month of progress and achievement. On August 28, 1963, Martin Luther King Jr. delivered his famous "I Have a Dream" speech during the March on Washington, becoming a defining moment in the American Civil Rights Movement. From advances in science and exploration to important social movements, August reminds us how the actions and ideas of people throughout history can create lasting change

Famous Birthdays:

- **August 4th Barack Obama** - The 44th President of the United States, Barack Obama made history as the first African American president and served two terms from 2009 to 2017.
- **August 6th Andy Warhol** - A leading figure in the pop art movement, known for his colorful paintings, films, and iconic works featuring everyday objects and celebrities.
- **August 15th Julia Child** - A beloved chef, author, and television personality who helped introduce French cooking to American audiences
- **August 29th Michael Jackson** - A legendary singer, dancer, and entertainer known worldwide as the "King of Pop" for his groundbreaking music and performances.



SEE YOU NEXT MONTH!



Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

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