

WELCOME TO OUR

MONTHLY NEWSLETTER

Welcome to July at Park Vista! As we enjoy the sunshine, summer activities, and time spent with family and friends, we're excited for another month filled with fun, laughter, and meaningful moments together. From special events and outings to daily activities that keep us active and engaged, there's something for everyone to enjoy. We hope you have a wonderful month and make plenty of happy memories along the way!



Mark your calendar

July 1st	Patriotic Name That Tune
July 8th	Bikini Contest
July 15th	Bus Trip With Mike
July 22 nd	Wine & Cheese Social
Every Tuesday	Nice Nails- Please make an appointment with Tiffany

Resident Birthdays

July 9th	Bonny Fraley
July 21st	Sally Leonard
July 21st	Paul Schmidt employee

Resident Socials

You are invited. Join us every Friday for Happy Hour.
Enjoy drinks, snacks, and live entertainment to kick off the weekend.

Happy Hour is held every Friday at 2:00 PM in the dining room, unless otherwise noted below.

Week 1: Pat Jones at 9:45 AM

Week 2: Lester Wilson

Week 3: Todd Hagen

Week 4: John Janssen

Week 5: Willie Clay



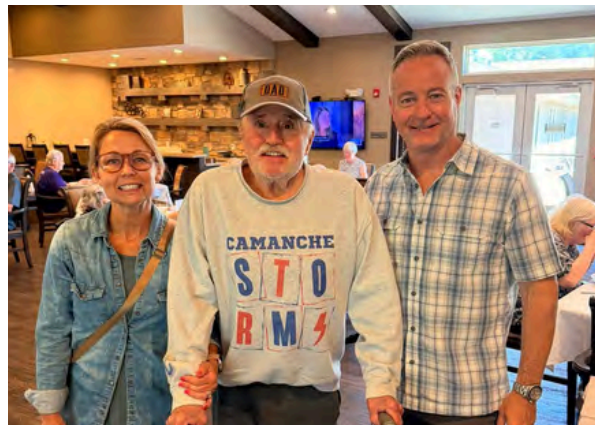
Summer Cookout

Nothing says summer quite like a cookout! Residents, families, and team members came together to enjoy delicious food, great company, and plenty of laughter at our annual Summer Cookout. The beautiful weather provided the perfect backdrop for an afternoon filled with conversation, smiles, and community spirit. Thank you to everyone who joined us and helped make this event such a wonderful success.



Crafting for Alzheimer's

Our residents created beautiful garden stakes that were sold at our cookout for \$5 each. Thanks to their creativity and the generosity of everyone who purchased one, all proceeds were donated to the Alzheimer's Association.



Father's Day Luncheon

Our Father's Day Luncheon was a wonderful celebration filled with great food and even better company. Residents and families enjoyed delicious pulled pork sandwiches or pulled pork nachos while honoring the fathers and father figures who have made such a lasting impact on our lives.



Resident Spotlight

Since moving to Park Vista in January, Kay Martin has quickly become a beloved part of our community. When it came time to find a new home, Kay's son took the lead in the search and chose Park Vista, saying, "This is what Mom would want." It turns out he knows her very well—Kay absolutely loves it here!

One of Kay's favorite things about living at Park Vista is the wonderful staff and the opportunity to make new friends. She enjoys staying active and social by attending Happy Hour, listening to live music, dancing, and playing bingo with fellow residents.

Dancing has always been a big part of Kay's life. In fact, she used to dance every Wednesday, Friday, Saturday, and Sunday! Her passion for dancing even inspired her creativity—something many people may not know is that Kay designed and made many of her own outfits for dancing and special holiday celebrations.

When asked about her favorite memory, Kay shared that meeting her husband, Frank, and building a family together is what she treasures most.

Kay also shared a heartfelt piece of wisdom for others:

"Life is too short. Spend as much time as you can with your spouse and family, and cherish every moment together because you don't know when it will be your last."

We are so happy Kay chose Park Vista as her home and look forward to making many more wonderful memories with her!

Staff Feature



For the past six years, Alicea has been a familiar face at Park Vista, serving as our Administrative Assistant. Whether she's helping residents, assisting families, or keeping things organized behind the scenes, Alicea is always happy to help.

Alicea loves the friendships she's built with residents and coworkers and enjoys being part of a team that feels like family.

Her kindness, positive attitude, and dedication help make Park Vista a warm and welcoming place to call home. Thank you, Alicea, for all you do!

Tip of The Month

Make the Most of the Sunshine

Summer mornings are made for being outside, and a few small habits make them even better. Head out earlier in the day when the air is cooler, keep a glass of water close by, and don't underestimate the comfort of a shady spot and a wide-brimmed hat. The sun is good for the spirit. A little planning means more porch conversations, more garden time, and more of the season everyone waits all year for.



July Fun Facts

🌸 The birth flower for July is the Larkspur, which symbolizes positivity, grace, and strong bonds of love.

💎 The birthstone for July is the Ruby, known for representing passion, courage, and prosperity.





SEE YOU NEXT MONTH!

Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

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