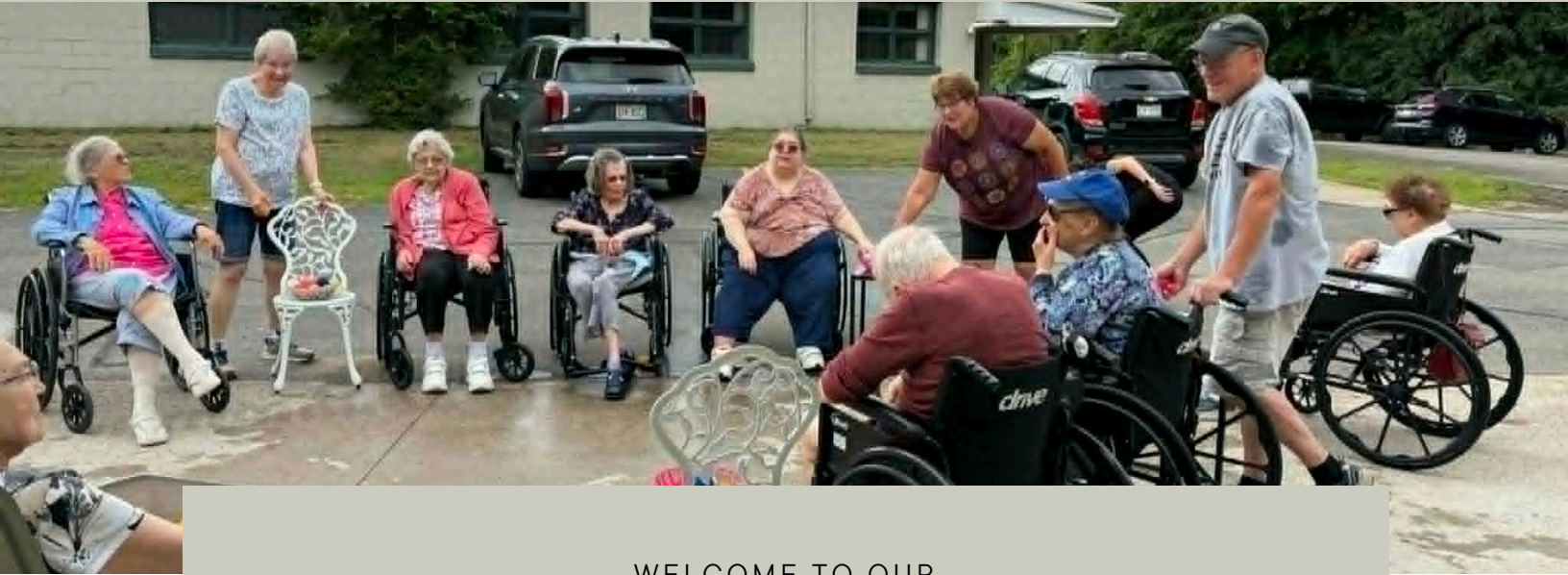




WELCOME TO OUR

AUGUST NEWSLETTER

We hope you are enjoying your summer days filled with fun and creating lasting memories, while cherishing the little moments that bring a smile to your face.



AUGUST BIRTHSTONES



peridot



spinel



sardonyx

Mark your Calendar



8/6 4-7pm

Pig and Corn Roast
at Park Vista on QQ

8/10 10am

4th Octave Singing
Group

8/20 1:45pm

Lori and Lori Singing

8/28 11:30am

Friday Lunch Fish Fry-
Family Appreciation
Lunch

8/31 1:30pm

Mary Kay Spa Day

Birthdays

8/1	Tami
8/3	Stan
8/4	Louise
8/7	Debbie
8/25	Janet

Birth Flowers



August

The birth flowers for August are the gladiolus and poppy which generally symbolises strength of character, honesty, generosity and moral integrity.



Cheeto Throw

We had an amazing time, embracing the chaos as we tossed Cheetos onto our shaving cream-covered heads, all while enjoying every moment of the fun together.



Water Balloons

We chose the ideal day for a water balloon fight, filled with laughter and unforgettable memories, while enjoying this fantastic activity alongside families.



Resident Spotlight

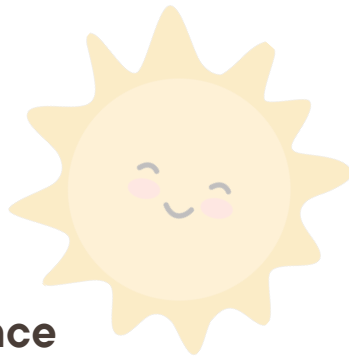
Meet Cindy: she loves her husband/family and her pets. An animal lover, she thrives on activities and enjoys the company of her friends. Cindy delights in laughter and embraces the joy of having fun.



Staff Feature

Introducing Krista, Our Housekeeper
Krista has been with the Park Vista Family for four years. She enjoys spending quality time with her family and friends, and in her leisure time, she loves to immerse herself in reading and gaming.

Tip of The Month



Small Habits, Big Difference

Small habits make a big difference in summer wellness. Staying cool, staying hydrated, and staying connected go a long way toward a happy, healthy season. Around here, that looks like shaded outdoor time, cold water breaks, and the kind of company that makes the heat a little easier to enjoy.



Pop culture and fun facts

The Wizard of Oz Premiered: On **August 25, 1939**, the iconic musical fantasy film premiered in theaters across the United States, introducing audiences to Technicolor Oz.







AUGUST

Word Search Puzzle



I Z Z S S H G T R T G E Y O G B P P
A Y B U H M D A N E I W R Q V A B B
C Y C O I A W O R R A Z Y E J R E I
Z T P Q A S D Z R D W D I W T B Y K
E X O S P T W E P N E T I I K E J I
B S P W S O E I G X A N N N Z C G N
R O U S E O P N M O M F M E G U A G
D V S N N L I S L M M O R L Q E C J
C G B A S H T F I A I I A F Y I B S
F A C E S E I C E C F N Z N N A K O
H M M I A D T N S P L T G C S X S C
X P F P Q C O F M U I E I B S T F E
O R X M I I H A K U N P S L S U K A
E Z B Y T N C E S Z Y W O U O A R N
W B R A K O G M K Y B O G E Y E M I
E S C K L N I R M H P U K A V R U W
C A G N G W A J O J A A K I A S T P
V Z B E S P T Z X V L S R W F P E X

Find these words related to the month of August

BOAT
GARDEN
CAMPFIRE
BIKING
FLOATIE
FISHING
RIVER
AUGUST

KAYAK
BARBECUE
OCEAN
CANOE
PICNIC
BEACH
ICE (as in ice cream)



SUN
SHADE
VACATION
SWIMSUIT
SWIMMING
POPSICLES
READING

WARM
LAKE
TOWEL
POOL
PARK
CAMPING
SUNSET





SEE YOU NEXT MONTH!

Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

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