



WELCOME TO OUR JUNE

## MONTHLY NEWSLETTER

Summer is here, and we're excited for a month full of fun, laughter, and special moments together at Park Vista. With warmer days ahead and plenty of activities to enjoy, we look forward to making wonderful memories with our residents and families.

Here's to longer days, happy hearts, and making the most of every moment this June!



## *Mark your calendar*

June 9th	Killean Hearing Presentation
June 11th	Summer Cook Out
June 16th	Lunch outing
June 19th	Father's Day Luncheon
June 24th	Name that Tune

## *Resident Birthdays*

June 14th	Olinda Pataska
June 1st	Layla Miller- Employee
June 21st	Veronica Ramirez- Employee

## *Resident Socials*

You are invited. Join us every Friday for Happy Hour.  
Enjoy drinks, snacks, and live entertainment to kick off the weekend.

Friday at 2:00 PM in the Dining Room.

Week 1: Robert Dahm

Week 2: Janet Lieb

Week 3: Doug Kutzli

Week 4: Mark Gordan



## *A Fiesta Full of Fun*

Residents had a wonderful time celebrating Cinco de Mayo and Mother's Day together with our "Fiesta for Mom" celebration! The festivities began on Cinco de Mayo with residents enjoying margaritas and taking turns hitting the piñata. We then continued the celebration with a special luncheon featuring a delicious fiesta-themed meal, more margaritas, and lots of fun and laughter shared together



## *Catholic Mass*

We were blessed to spend time with Father Khoa before he returned home to Vietnam. Residents enjoyed visiting with him and listening to him play the piano. We will miss having him at Park Vista for Catholic Mass and wish him safe travels.



## *May Day Baskets*

A special thank you to Candace Sinkey, Jacque Willits, and Cindy Williams for their generosity and creativity in making homemade May Day baskets for our residents. These thoughtful gifts brought so many smiles and added a little extra joy to everyone's day!



## *Resident Spotlight*

This month's Resident Spotlight shines on Judy VanKampen, who has called Park Vista home for the past three years. Originally from Fulton, Judy has always enjoyed staying active and spending time with family. Over the years, she enjoyed golfing, going on walks, and attending family gatherings where everyone always had special requests for her favorite dishes. Judy also worked as a cook assistant at Harbor Crest Nursing Home for several years, where she shared her love of cooking and caring for others. Today, she still enjoys taking walks and playing Solitaire to help keep her mind sharp.

One of Judy's favorite memories is taking trips and Sunday cruises with her husband, Paul. She loves listening to country music and enjoys many of the activities at Park Vista. Her favorite things about living here are getting her nails done by Tiffany, participating in morning exercises, attending the summer cookouts, and celebrating Trick or Treat at Park Vista.

When asked what words of wisdom she would like to share, Judy said, "Be nice to your elders because you will get there someday."



## *Staff Feature*

Kristy Sattler, our Director of Nursing, has been a valued member of the Park Vista team since February 2019. She truly cares for our residents and is passionate about making a positive impact in the lives of residents and their families each day. One of her favorite parts about working at Park Vista is being part of the PVSHM leadership team that values transparency, dignity, compassion, and collaboration.

## *Tip of The Month*

### **Soak Up the Season:**

**June is the perfect time to make the most of the longer days and warm sunshine. Spending time outdoors is one of the simplest things we can do for our overall well-being. Whether it is enjoying your morning coffee outside, tending to a garden, or simply sitting in the sunshine for a few minutes, those moments add up in a big way.**

**This month, we encourage you to soak up the season. Let the warmth of summer energize you, lift your spirits, and remind you that life is truly in full bloom.**

## *June fun facts*

- June's birth flowers are the rose and honeysuckle, both symbolizing love, happiness, and friendship
- June actually has 3 birthstones: Pearl, Moonstone, and Alexandrite. Pearls are the most traditional and well known June birthstone.





***SEE YOU NEXT MONTH!***

**Contact Us**

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**A Note from Our Team**

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