

WELCOME TO OUR  
**MAY NEWSLETTER**

Welcome May, We are looking forward to sunny skies  
and fresh warm air.



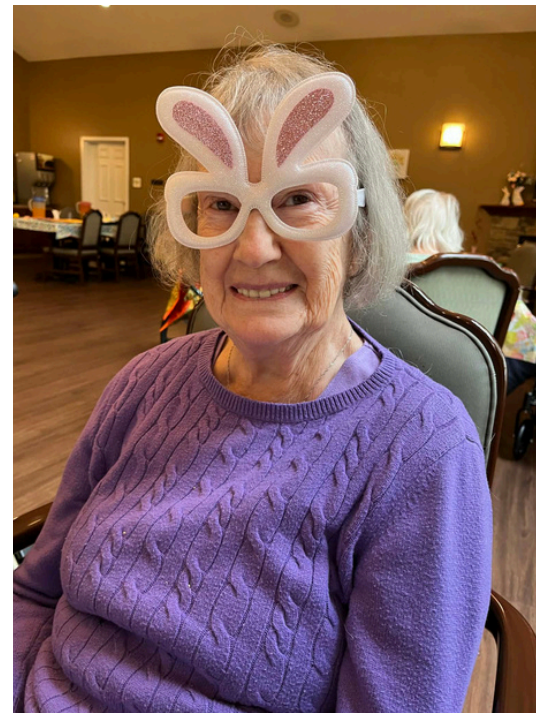


## *Mark your calendar*


5/6	2pm	Mothers Day Celebration
5/26	1:45pm	Lori & Lori
5/27	1:30pm	Stevie Keys Entertainment

## *Birthdays*

5/3	Irene "Bikey"
5/17	Krista Y.
5/25	Rebecca
5/26	Donna T.

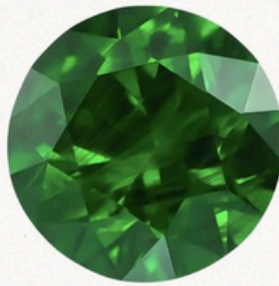


MAY



**Lily of the valley**

### Emerald



**Rich green in color.**

This stone is a symbol of rebirth, love, and wisdom, long favored by royalty for its lush and vibrant hue.



### *Easter highlight*

We had an amazing time enjoying treats, socializing, and playing the silly Easter egg memory game. We are incredibly grateful to all the families who attended and contributed to the fun!



### *Zoey Highlight*

Zoey brings joy to our days whenever she and Tony come to visit! She has been a part of our lives since she was just a few months old and has proudly held the title of our Legacy Mascot ever since.



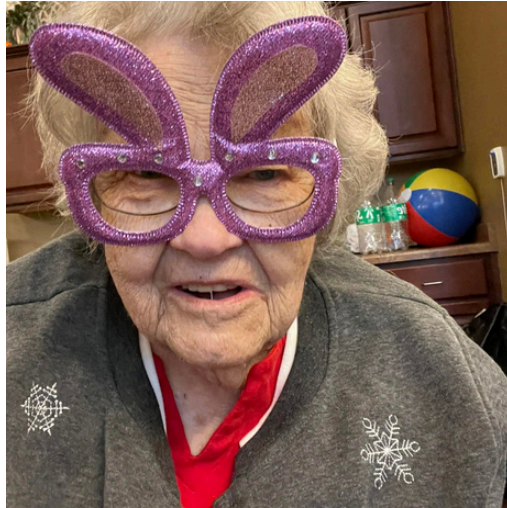
## *Resident Spotlight*

Meet Eileen, known as “Lanie.” She enjoys spending quality time with her family, taking a strole outdoors, and indulging in gardening. Lanie loves to keep herself engaged and has a particular fondness for snacks, especially anything chocolate!



## *Staff Feature*

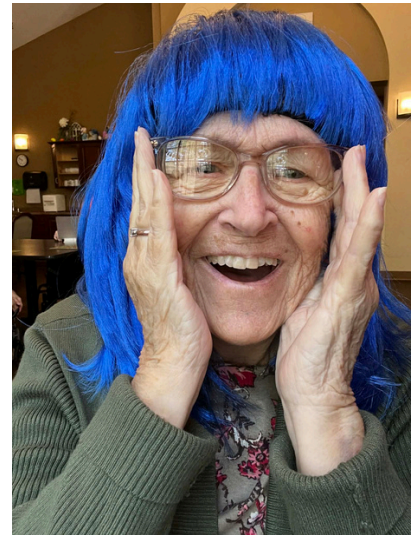
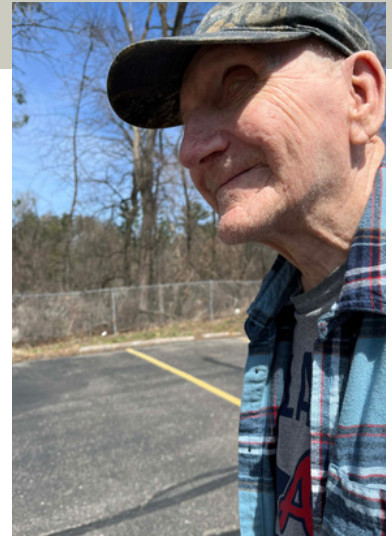
Meet Rebecca, she is compassionate, fun, and wonderful with the residents. Having worked at Park Vista for four years, she truly excels in her role. In her free time, she enjoys spending quality moments with her family, playing Dungeons & Dragons, and reading.



## *Tip of The Month*

### STEP INTO SPRING:

MAY IS THE PERFECT INVITATION TO TAKE YOUR WELLNESS OUTSIDE. EVEN A SHORT 10-15 MINUTE STROLL AROUND OUR COMMUNITY CAN BOOST YOUR MOOD, IMPROVE CIRCULATION, AND BRING A LITTLE EXTRA SPRING TO YOUR STEP! NOTICE THE BLOOMING FLOWERS, BREATHE IN THE FRESH AIR, AND LET NATURE WORK ITS MAGIC.



## *Pop culture and fun facts*

### **This Month in History:**

1886 – Coca-Cola was first sold to the public at the soda fountain in Jacob's Pharmacy in Atlanta, Georgia.





***SEE YOU NEXT MONTH!***

**Contact Us**

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**A Note from Our Team**

We are grateful for the trust you place in us.  
Please reach out anytime with questions or feedback.

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