

MAY

Park Vista
retirement living
NORTH HILL

2026



WELCOME TO OUR MONTHLY NEWSLETTER

May is here, bringing longer days, fresh energy, and a sense of momentum as we move deeper into the year. It's a great time to reset priorities, celebrate progress, and lean into what's ahead. In this month's newsletter, you'll find updates, insights, and a few highlights we're especially excited to share. Whether you're here to stay informed or just browsing for inspiration, we're glad to have you with us as we step into May.



Park Vista North Hill - A Park Vista Retirement Community
1451 20th Avenue • East Moline, IL 61244 • (309) 752-9711 • parkvistaliving.org

Resident Birthdays

May 1 st	John A.	May 17 th	John M.
May 3 rd	Richard N.	May 18 th	Joellen G.
May 5 th	Sue R.	May 18 th	Patricia W.
May 6 th	Carolyn R.	May 20 th	Genevleve R.
May 6 th	Cheryl W.	May 26 th	George W.
May 10 th	Anthony D	May 28 th	Louisa M.
May 16 th	Cathy B.	May 29 th	Darlene A.

May's Little Sparkle



MAY'S BIRTHSTONE, THE EMERALD, IS PRIZED FOR ITS RICH GREEN COLOR AND TIMELESS BEAUTY. LONG ASSOCIATED WITH RENEWAL, GROWTH, AND VITALITY, EMERALDS HAVE BEEN CHERISHED FOR CENTURIES BY CULTURES AROUND THE WORLD. THEY ARE OFTEN LINKED TO QUALITIES LIKE LOVE, WISDOM, AND BALANCE, MAKING THEM A MEANINGFUL GEMSTONE FOR THOSE BORN IN MAY. WHETHER SET IN ELEGANT JEWELRY OR ADMIRING IN ITS NATURAL FORM, THE EMERALD CONTINUES TO SYMBOLIZE THE FRESHNESS AND ENERGY OF SPRING.



Celebrating Our Wonderful Team

WE'RE GRATEFUL FOR THE DEDICATED STAFF MEMBERS WHO HELP MAKE OUR COMMUNITY A WELCOMING AND SUPPORTIVE PLACE TO LIVE. EACH DAY, OUR TEAM WORKS HARD TO PROVIDE CARE, SERVICE, AND KINDNESS TO OUR RESIDENTS, AND WE TRULY APPRECIATE ALL THAT THEY DO BEHIND THE SCENES AND THROUGHOUT THE COMMUNITY.

PLEASE JOIN US IN WISHING A VERY HAPPY BIRTHDAY TO OUR STAFF MEMBERS CELEBRATING THIS MONTH! WE HOPE YOUR SPECIAL DAY IS FILLED WITH JOY, RELAXATION, AND CELEBRATION.

THANK YOU FOR YOUR CONTINUED COMMITMENT AND FOR BEING SUCH AN IMPORTANT PART OF OUR COMMUNITY.

May 3rd	Susana Enriquez
May 15 th	Fatimata Diop
May 15 th	Katica Zilic
May 31 st	Tisha Hare





NANCY

NANCY NEVER MISSES A CHANCE TO CELEBRATE. SHE LOVES DRESSING UP, HAVING FUN, AND KEEPING EVERYONE SMILING WITH HER GREAT SENSE OF HUMOR. HER LIVELY PERSONALITY MAKES EVERY DAY A LITTLE MORE SPECIAL

WHAT IS SOMETHING PEOPLE MIGHT BE SURPRISED TO LEARN ABOUT YOU?

“I JUMPED OUT OF A HELICOPTER WHEN I WAS IN THE NAVY.”

WHAT DOES A TYPICAL DAY LOOK LIKE FOR YOU HERE, AND WHAT DO YOU ENJOY MOST ABOUT IT?

“WALKING THE HALLS WITH MY BEST FREIND AND WATCHING THE DEER”

WHAT IS ONE FAVORITE MEMORY OR EXPERIENCE YOU’VE HAD WHILE LIVING HERE?

“MY RELATIONSHIP WITH THE RESIDENTS IN MEMORY CARE”

WHAT ADVICE WOULD YOU GIVE TO THE YOUNGER GENERATION?

“LIVE LOVE AND LAUGH”



ANN

ANN BRINGS CARE AND A GENTLE TOUCH TO EVERY SPACE SHE CLEANS. WITH AN EYE FOR DETAIL AND A HEART FOR HELPING OTHERS FEEL COMFORTABLE, ANN TAKES PRIDE IN TURNING EVERYDAY SPACES INTO FRESH, WELCOMING PLACES. ALWAYS RELIABLE AND KIND.

WHAT'S SOMETHING YOU WISH MORE PEOPLE KNEW ABOUT YOUR ROLE OR THE WORK YOU DO HERE?

“WE DO A LOT MORE THAN WHAT YOU EXPECT, HELPING THE RESIDENTS WITH SIMPLE THINGS”

WHAT DO YOU ENJOY MOST ABOUT YOUR JOB?

“THE RESIDENTS AND LISTENING TO THEIR STORIES”

WHAT IS THE TOP THING ON YOUR BUCKETLIST?

“TO GO SEE NEW EDITION IN CONCERT”

WHAT IS A FUN FACT ABOUT YOU THAT RESIDENTS MIGHT NOT KNOW?

“IM REALLY SOFTED HEARTED”



Resident Socials

You are invited. Join us every Thursday & Friday for Happy Hour. Enjoy drinks, snacks, and live entertainment to kick off the weekend.

Thursday's at 3pm in The Main Building Lobby

Friday's at 3pm in The Pub

Week 1: Thursday - Trivia Friday - Janet Lieb

Week 2: Thursday - Jim Ryan Friday - Conjunto La Razon

Week 3: Thursday - Mark Gordon Friday - Troy Rangel

Week 4: Thursday - Darlene Bruewet Friday - Open Mic

Week 5: Thursday - Oscar Stricklin Jr Friday - Trivia



JOIN US ON THE 8TH AS WE KEEP THE PARTY GOING AT OUR FIESTA HAPPY HOUR! ENJOY REFRESHING DRINKS, TASTY BITES, AND PLENTY OF GOOD VIBES WITH YOUR NEIGHBORS. A LIVE BAND WILL BE PLAYING GREAT MÚSICA TO SET THE MOOD, SO COME READY FOR A LITTLE BAILE, LAUGHTER, AND FUN. IT'S THE PERFECT WAY TO RELAX, CONNECT, AND SAY SALUD TO A GREAT EVENING HOPE TO SEE YOU THERE!





Toast to Mom at Our May Luncheon!

We invite you to a special celebration beginning at 1:00 PM with a warm and welcoming luncheon to honor and appreciate all the wonderful mothers in our lives. After lunch, the afternoon continues with a fun and creative Paint and Sip experience, where guests can relax, enjoy a drink, and create their own artwork to take home. It's the perfect blend of good food, great company, and a little creativity to make the day truly memorable.



Our legacy residents enjoyed a delightful outing to whitey's Ice Cream!



April Easter Luncheon Fun!

Our Easter Luncheon was a beautiful time of fellowship, reflection, and celebration. Guests gathered together to enjoy a warm meal, share laughter, and reflect on the meaning of the season in a welcoming and joyful atmosphere. It was a special opportunity to connect with one another, create lasting memories, and celebrate the spirit of Easter in community.



A Hatch of New Beginnings

We recently had the joy of watching baby chicks hatch, and each one quickly became part of our hearts as we got to know them by name: Bingo, Raven, Herbie, Speckles, and Crystal Jr. (CJ). From their first peeps to their first steps, it was an exciting experience filled with wonder, laughter, and lots of “awws,” as we watched new life begin to grow right before us.

Tip of The Month

Life in Full Bloom

Spring is a natural reminder that growth doesn't have to be dramatic to be meaningful.

As days get longer and routines gently shift, wellness can look like small, steady habits - enjoying fresh air, staying hydrated, moving in ways that feel comfortable, and making time for connection.

At Park Vista North Hill, we believe thriving in every season starts with consistency, encouragement, and support. As life moves into full bloom, we continue focusing on what helps each person feel balanced, engaged, and at home.

Step into Spring

May is the perfect invitation to take your wellness outside. Even a short 10–15 minute stroll around our community can boost your mood, improve circulation, and bring a little extra spring to your step! Notice the blooming flowers, breathe in the fresh air, and let nature work its magic.

Pop culture and fun facts

This Month in History:

The Empire State Building officially opened on May 1, 1931, in New York City and quickly became one of the most famous skyscrapers in the world. At the time, it was the tallest building on Earth and was completed in just over a year, an incredibly fast construction for its size. It later became an iconic symbol of American architecture and ambition.

May the 4th Be with You

A Modern pop culture holiday Celebrating Star Wars. Fans worldwide use the day for marathons, memes, and cosplay.

Famous Birthdays:

- May 5th Adele - British singer-songwriter known for her powerhouse vocals and hits like Rolling in the Deep and Hello
- May 20th Cher - the "Goddess of Pop" known for decades of hits like Believe
- May 24th Bob Dylan - Nobel Prize winner and voice of generations with songs like Blowin' in the Wind.



MAY SEE YOU NEXT MONTH! 2026



Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

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