

APRIL

Park Vista  
retirement living  
NORTH HILL

2026



April

WELCOME TO OUR

## MONTHLY NEWSLETTER

Happy April! As spring arrives and the days grow brighter, it's a great time to celebrate the energy and spirit of our community. This month reminds us how much we can accomplish when we support one another and share a few smiles along the way. And since it's April, keep your eyes open! You never know when a little April Fools' fun might appear! Thank you for being such an important part of our community and helping make this season so positive and full of life!

Park Vista North Hill - A Park Vista Retirement Community  
1451 20th Avenue • East Moline, IL 61244 • (309) 752-9711 • [parkvistaliving.org](http://parkvistaliving.org)





## *Resident Birthdays*



April 1 <sup>st</sup>	Ellen H.
April 5 <sup>th</sup>	Lynn G.
April 5 <sup>th</sup>	Dorothea J.
April 9 <sup>th</sup>	Lisette L.
April 11 <sup>th</sup>	Deanna N.
April 12 <sup>th</sup>	Linda C.
April 17 <sup>th</sup>	Perry P.
April 18 <sup>th</sup>	Fred G.
April 20 <sup>th</sup>	Susan B.
April 22 <sup>nd</sup>	Mary Jeanne G.
April 23 <sup>rd</sup>	Shirley L.

### *A Gem of Strength and Beauty*

THE BIRTHSTONE FOR APRIL IS THE BEAUTIFUL DIAMOND, A GEM KNOWN FOR ITS BRILLIANCE AND STRENGTH. DIAMONDS HAVE LONG SYMBOLIZED LOVE, CLARITY, AND LASTING COMMITMENT. BECAUSE THEY ARE THE HARDEST NATURAL GEMSTONE, THEY ARE OFTEN SEEN AS A SYMBOL OF ENDURANCE AND RESILIENCE.

FOR CENTURIES, DIAMONDS HAVE BEEN TREASURED AROUND THE WORLD AND ARE COMMONLY USED IN SPECIAL JEWELRY TO CELEBRATE IMPORTANT MOMENTS IN LIFE. THOSE BORN IN APRIL ARE OFTEN SAID TO SHARE THE DIAMOND'S QUALITIES OF STRENGTH, SPARKLE, AND TIMELESS BEAUTY.

HAPPY

BIRTHDAY



# *Celebrating Our Wonderful Team*

OUR STAFF WORK HARD EACH DAY TO MAKE OUR COMMUNITY A COMFORTABLE, CARING, AND WELCOMING PLACE TO LIVE. THIS MONTH, WE WOULD LIKE TO TAKE A MOMENT TO RECOGNIZE THE TEAM MEMBERS WHO ARE CELEBRATING BIRTHDAYS. THEIR DEDICATION, KINDNESS, AND DAILY SUPPORT MEAN SO MUCH TO EVERYONE HERE.

MANY OF YOU SEE THESE FAMILIAR FACES THROUGHOUT THE DAY HELPING, VISITING, AND SHARING SMILES. BIRTHDAYS ARE A WONDERFUL OPPORTUNITY FOR US TO SHOW OUR APPRECIATION FOR THE PEOPLE WHO HELP MAKE OUR COMMUNITY FEEL LIKE HOME.

IF YOU SEE ONE OF THE STAFF MEMBERS LISTED, FEEL FREE TO WISH THEM A HAPPY BIRTHDAY! A SIMPLE GREETING OR KIND WORD CAN HELP MAKE THEIR DAY EXTRA SPECIAL

<b>April 6<sup>th</sup></b>	<b>Maria A.</b>
<b>April 9<sup>th</sup></b>	<b>Diana M.</b>
<b>April 9<sup>th</sup></b>	<b>Emma P.</b>
<b>April 11<sup>th</sup></b>	<b>Natalie J.</b>
<b>April 15<sup>th</sup></b>	<b>Ariel C.</b>
<b>April 26<sup>th</sup></b>	<b>Jozlyn H.</b>





## ***Dear Residents***

*We have some big news to share about community activities this month.*

*After months of careful planning, careful observation, and some very serious spreadsheets, management has decided to make a bold move:*

***All activities are... temporarily cancelled.***

*Yes, you read that correctly. No more bingo, no more outings, no more movie nights. Instead, residents are encouraged to:*

- Perfect the art of window-gazing*
- Hold solo chair-dancing competitions in their living rooms*
- Experiment with new hobbies like extreme sock folding or pen-balancing challenges*

*We know this is a lot to process, but please remain calm.*

*Daily check-ins, scheduled walks, and staff-led social hours will also be... postponed indefinitely.*

*Please note: failure to comply may result in... extra sunshine.*

*Take your time adjusting to this new schedule, and remember, support is available... mostly in spirit.*



*Just kidding! April Fools! All your favorite activities are safe, outings are happening as usual, and bingo and movie nights are still happening. We hope this brought a smile to your face because laughter is definitely on this month's agenda.*



## Resident Spotlight



### MILLIE

**TELL US ABOUT WHERE YOU GREW UP AND WHAT YOUR CHILDHOOD WAS LIKE.**

I GREW UP IN MOLINE; IN A BELGIUM NEIGHBORHOOD, MY PARENTS WERE EXTREMELY GOOD AND HARD WORKING, IT WAS A CLEAN NEIGHBORHOOD WITH LOTS OF GARDENS. WITH PIGEONS AND RABBITS. EVEN SOME RACING PIGEONS!

**WHAT IS SOMETHING YOU'VE ALWAYS LOVED OR BEEN PASSIONATE ABOUT?**

I USED TO LIKE RIDING A BIKE.  
A WOMAN'S BIKE!

**DID YOU EVER HAVE A CELEBRITY CRUSH BACK IN DAY?**

**WHO WAS IT?**

I WAS A LITTLE OLDER BUT,  
ELVIS PRESLEY

**WHAT ADVICE WOULD YOU GIVE TO THE YOUNGER GENERATION?**

BE HONEST BUT HAVE FUN!

## Staff Feature



### JESSICA

**WHAT LED YOU TO WORK IN THIS FIELD**

I ENJOY HELPING PEOPLE

**WHAT DO YOU ENJOY MOST ABOUT YOUR JOB?**

PUTTING A SMILE ON OUR RESIDENTS FACES

**WHAT IS THE TOP THING ON YOUR BUCKETLIST?**

BEING THE BEST GRANDMA

I CAN BE

**WHAT IS A FUN FACT ABOUT YOU THAT RESIDENTS MIGHT NOT KNOW?**

I LOVE TO GO FISHING.





**OUR SPEAKEASY WAS A  
WONDERFUL SUCCESS!**

**WE ESPECIALLY ENJOYED THE  
LIVE MUSIC BY TONY RANGEL  
AND FRIENDS, WHICH BROUGHT  
GREAT ENERGY  
TO THE DAY.**

**THE APPETIZERS WERE ALSO A  
HIT, INCLUDING  
"SHRIMP COCKTAIL", LITTLE  
SMOKIES IN A BLANKET, AND  
OUR FUN "CIGARETTE"  
CHOCOLATE PRETZEL TREATS.**

**IT WAS SO NICE TO SEE  
EVERYONE RELAXING, VISITING,  
AND ENJOYING TIME  
TOGETHER. WE'RE SO GLAD SO  
MANY OF YOU JOINED US!  
THANK YOU FOR MAKING IT  
SUCH A  
SPECIAL EVENING!**

**WE WOULD ALSO LIKE TO GIVE  
A SPECIAL THANK YOU TO OUR  
KITCHEN STAFF FOR PREPARING  
ALL OF THE DELICIOUS FOOD.  
WE TRULY APPRECIATE ALL OF  
THEIR HARD WORK!**





## *Resident Socials*

You are invited. Join us every Thursday & Friday for Happy Hour.  
Enjoy drinks, snacks, and live entertainment to kick off the weekend.

**Thursday's at 3pm in The Main Building Lobby**

**Friday's at 3pm in The Pub**

**Week 1: Thursday - Trivia Friday - Robert Dahms**

**Week 2: Thursday - Tony Hoepner Friday - Jim Ryan**

**Week 3: Thursday - Terry Stone Friday - Andy Wesa** 🎩

**Week 4: Thursday - The Wierson's Friday - Tommy Picket**

**Week 5: Thursday - Trivia**

SADDLE UP AND JOIN US FOR A WESTERN-THEMED  
HAPPY HOUR ON THE 17TH!

DUST OFF YOUR BOOTS, GRAB YOUR HAT, AND GET  
READY FOR A ROOTIN' TOOTIN' GOOD TIME. WE'LL HAVE  
THEMED DRINKS, TASTY BITES, AND LIVE MUSIC TO  
KEEP THE EVENING ROLLING. WHETHER YOU COME  
DRESSED TO IMPRESS OR JUST READY TO UNWIND, IT'S  
THE PERFECT CHANCE TO KICK BACK, RELAX, AND  
ENJOY GREAT COMPANY. DON'T MISS IT!





## March St. Patrick's Day Luncheon Fun!

Our March St. Patrick's Day luncheon was a fantastic celebration of all things green and festive! Guests enjoyed delicious food, lively company, and a special treat Shamrock Shakes in Legacy adding a sweet touch to the holiday spirit. A big thank you to everyone who joined us for the fun, laughter, and a little luck of the Irish!



## Egg-citing News: Our Eggs Are Coming!

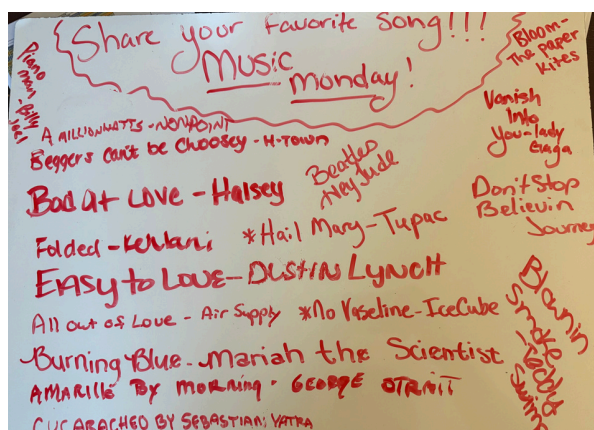
We're thrilled to announce that we're raising eggs again this year! **The official due day is April 13** but remember they might hatch a little earlier or later, so get ready for some surprises.

As part of the fun, we'll be doing candling with Andy in the pub to watch the eggs' development and see the amazing process up close. It's always exciting to witness these little bundles of life grow, and we can't wait to share the experience with everyone!

## Hop On Over to Our Easter Luncheon!

Join us for a festive Easter celebration! The Easter Bunny will be visiting, bringing smiles and holiday cheer. Stick around at 1:00 PM for some fun Easter egg-themed games there's something for everyone to enjoy, from kids to the young at heart.

Don't miss out on the treats, the games, and a chance to make some memorable springtime moments with friends and neighbors!



See what tunes our staff are loving  
Can you guess who picked what?

## *Tip of The Month*

### **Get Some Sunshine!**

Take short walks or sit outside when the weather allows. Spring sunlight boosts vitamin D and can lift your mood! Perfect for those sunny April days!

### **Try Seasonal Foods**

April brings fresh produce like strawberries, asparagus, and leafy greens. Try adding them to meals or snacks for a colorful, healthy boost.

### **Enjoy a Little Spring Cleaning**

Even small tasks like tidying a drawer, organizing a shelf, or refreshing your living space can make your home feel brighter and more cheerful

## *Pop culture and fun facts*

### **This Month in History:**

Jurassic Park first hit theaters on April 5, 1993. It brought dinosaurs to life with groundbreaking effects and sparked a love of prehistoric adventure that's still roaring today!

### **Famous Birthdays:**

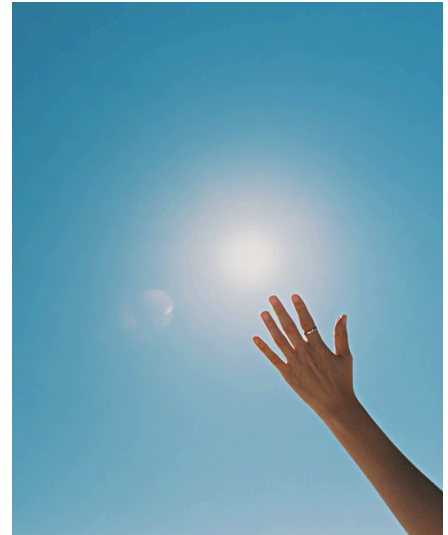
- April 4: Robert Downey Jr., our beloved Iron Man.
- April 15: Emma Watson, who charmed us as Hermione.
- April 23: Shirley Temple, the iconic child star who won hearts everywhere.

### **Jazz It Up:**

April is Jazz Appreciation Month! Enjoy classic tunes from legends like Louis Armstrong, Ella Fitzgerald, and Miles Davis perfect for a relaxing afternoon.

### **Shakespeare Spotlight:**

April 23 is traditionally celebrated as William Shakespeare's birthday (and death day!) in 1616. A perfect reminder of timeless stories, clever wordplay, and drama that's still inspiring today.



# SEE YOU NEXT MONTH!



## Contact Us

1451 20th Avenue • East Moline, IL 61244 • (309) 752-9711 • parkvitaliving.org

## A Note from Our Team

We are grateful for the trust you place in us.  
Please reach out anytime with questions or feedback.

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