



WELCOME TO OUR

## MONTHLY NEWSLETTER

We're delighted to have you join us as we share the heart of life here at Willow Lane. This newsletter is our way of opening the doors to our home - highlighting the laughter, friendships, milestones, and meaningful moments that fill our days. Whether you're a resident, family member, friend, or future neighbor, we hope these pages help you feel connected, informed, and warmly welcomed. Thank you for being part of our Willow Lane family — we're so glad you're here!



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# Mark Your Calendar

3/6/2026	Bob Bushman Entertainment
3/11/2026	Resident Council Meeting
3/13/2026	Bobby Darren Entertainment
3/17/2026	St. Patrick's Day Party
3/27/2026	Roy Rogers Entertainment

# Resident Birthdays

3/18	Bob O.
3/22	Elaine K.
3/26	June O.

**OUR PEOPLE  
MAKE IT  
MATTER.**

## Heroes of the Hallway





## *Resident Socials*

You are invited. Join us every Friday for Happy Hour.  
Enjoy drinks, snacks, and live entertainment to kick off the weekend.

Friday at 2pm in the dining room.

Week 1: Bob Bushman

Week 2: Bobby Darren

Week 4: Roy Rogers



## *Resident Talent*

We had such a special moment at our Valentine's Day celebration when performer Bobby Darren invited our very own resident, Bob, to join him at the microphone. Together, they sang a beautiful hymn to close out the afternoon, filling the room with warmth, joy, and heartfelt memories. It was a touching reminder of how music brings us together and creates meaningful moments for everyone in our community.



## *Birthday Girls*

We had the joy of celebrating not one, not two, but THREE amazing birthdays for our sweet residents Nancy, Pearl, and Vivian! Each of these wonderful ladies reminds us every day that age is just a number and that life is meant to be celebrated. Their laughter, stories, and vibrant spirits fill our community with warmth and joy. From smiles to sweet treats, it was a beautiful reminder that growing older doesn't slow you down — it simply gives you more reasons to shine!



## *Wake up Willow*

Every other day, Wake Up Willow brings our residents together for an uplifting hour of movement, connection, and fun. Designed for all ages and abilities, this energizing exercise program focuses on gentle strength building, balance training, and flexibility to help prevent falls and injuries while boosting confidence. From seated stretches to light weights and guided movement, Wake Up Willow sets a positive tone—encouraging friendships, laughter, and a healthy start to the day.



## *Resident Spotlight*

Marty brings a vibrant spirit to our community, fueled by a lifelong love of music, movies, and travel. A devoted fan of Johnny Cash and classic western films, she often shares stories to peers and staff. Marty's adventurous heart has taken her all over, but she fondly remembers Hawaii as her favorite destination, captivated by its beauty and aloha spirit. Her warmth, humor, and stories make her a cherished presence among fellow residents, reminding us all to embrace life with curiosity and joy.



## *Staff Feature*

Meet Cara, our RA/ Medtech

Cara has been a dedicated RA/ Medtech with us for the past 9 months. In that time, she has made a lasting impact on both our residents and fellow staff. Her outgoing and upbeat attitude brings positive energy to every shift. Cara is known for her compassionate care, attention to detail, and genuine connection with residents.

We're so grateful to have Cara on our team and appreciate the joy and dedication she brings to our community every day!

## *Tip of The Month*

### **Comfort Comes from Consistency:**

As winter lingers and spring begins to emerge, small routines can bring a powerful sense of comfort and calm. Regular mealtimes, gentle movement, social connection, and familiar daily rhythms help support both physical health and emotional well-being.

Consistency creates a feeling of being cared for, even during seasonal transitions. Whether it's enjoying a favorite activity, sharing a warm drink with others, or keeping a steady routine, these moments build peace of mind and stability. At Willow Lane, we focus on creating environments where comfort, care, and connection are part of everyday life.



## *Pop culture and fun facts*

### **This Month in History:**

Barbie made her official debut on March 9, 1959, at the American International Toy Fair in New York City. Created by Ruth Handler, co-founder of Mattel, the doll was the first mass-produced U.S. toy with an adult figure, designed to let girls project themselves into adult roles.





*SEE YOU NEXT MONTH!*

**Contact Us**

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**A Note from Our Team**

We are grateful for the trust you place in us.  
Please reach out anytime with questions or feedback.

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