



WELCOME TO OUR
MONTHLY NEWSLETTER

We are grateful to share another month with our wonderful residents, families, and team. We hope you enjoy our refreshed newsletter and the stories, updates, and moments it brings.



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Mark Your Calendar

Every Monday	55+ Free Breakfast
March 4th	A Hog Wild Performance
March 11th	Name that Tune
March 17th	St. Patrick's Day Luncheon
March 18th	Resident Meeting

Resident Birthdays

March 4th	Judy VanKampen
March 14th	Kay Spittler
March 15th	Ellen Ketelsen
March 31st	Sandy Ladehoff





Resident Socials

You are invited. Join us every Friday for Happy Hour.
Enjoy drinks, snacks, and live entertainment to kick off the
weekend.

Friday at 2:00 PM in the dining room.

- Week 1: Robert Dahm
- Week 2: Tony Hoepfner
- Week 3: Todd Hagen
- Week 4: Brooke Byam



Valentines Day Party

For our Valentine's Day party at Park Vista, we had so much fun celebrating together! A big thank you to Travis Hosette for the wonderful live music and to Homemade Hippie for the beautiful permanent jewelry. We also loved our cookie contest. Thank you to everyone who submitted recipes ahead of time for our kitchen to bake! Congratulations to Dolores Harding for her chocolate chip cookies, voted the crowd favorite!



Snickers's Day

Since Frank C. Mars introduced the Snickers bar in 1930, we celebrated with a sweet treat—Snickers Apple Salad! Our residents had a delicious time, and here's a fun fact: the Snickers bar was named after the Mars family's horse



Homeschool Hangout

Every third Monday, Park Vista is filled with extra laughter as our homeschool friends join us for games, coloring and sweet conversation. This special hangout brings generations together, creating meaningful connections and smiles the children truly look forward to each month. It's a beautiful reminder that friendship has no age limit.



Resident Spotlight

Marian has been part of our Park Vista family since the very beginning, moving in when we first opened 8 years ago in July. Marian enjoys bingo, working on puzzles and “whatever Tiffany comes up with” She has a wonderful sense of humor that keeps us all on our toes. When asked if she had any words or wisdom to share, she replied, “I don’t give advice to anyone, everyone is on their own!” which perfectly sums up her independent spirit. One thing she truly loves about Park Vista is the caring staff; she says there isn’t a single person she doesn’t like. When asked about her favorite memory, she gave us an honest (and very Marian) response, “I don’t remember crap.” But if you know Marian, those weren’t the exact words she used! Her quick and wonderful sense of humor keeps us all smiling.



Staff Feature

Shelley started at Park Vista in October of 2018 as a registered nurse. Even though she is with us part-time, she makes a full-time impact on the residents she cares for. She loves being part of a team that is dedicated to providing residents with the respect, compassion, and dignity they all deserve.

Tip of The Month

Comfort Comes From Consistency

As winter lingers and spring begins to emerge, small routines can bring a powerful sense of comfort and calm. Regular mealtimes, gentle movement, social connection, and familiar daily rhythms help support both physical health and emotional well-being.

Consistency creates a feeling of being cared for, even during seasonal transitions. Whether it's enjoying a favorite activity, sharing a warm drink with others, or keeping a steady routine, these moments build peace of mind and stability.

At Park Vista, we focus on creating environments where comfort, care, and connection are part of everyday life.



March Fun Facts

This Month in History:

- March is named after Mars, the Roman god of war.
- Daylight Saving Time begins in March. Don't forget to "spring forward"
- The first basketball game of the NCAA tournament (March Madness) was played in 1939.



Spring forward
set your clocks one hour ahead



SEE YOU NEXT MONTH!

Contact Us

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A Note from Our Team

We are grateful for the trust you place in us.
Please reach out anytime with questions or feedback.

Follow Us on Facebook

See community moments and updates online.