

September 9, 2022

To Our Residents, Family Members and Staff,

During this pandemic, we have closely monitored guidance from the CDC, DHS and our local Public Health Departments and have adjusted policies within our buildings with our residents and staff safety as a first priority.

As COVID continues to become more of our new normal, we recognize that much of the guidance the CDC, DHS and our local Public Health Departments provide does not always take into consideration the overall mental and emotional health and wellbeing of those that live and work in communal living. It is with that in mind that with careful consideration, we have continued to adjust our COVID policies and guidelines promoting more resident and staff choice.

We ask that our residents, families and team members keep in mind that these changes have the potential to put an already strained staffing and PPE inventory scenario in even greater risk. It is with that understanding that we ask everyone do their part in self identifying potential exposure and presence of symptoms and voluntarily isolate or quarantine. We also ask that if you have not yet been vaccinated that you consider doing so in order to keep yourself, and those that serve you, safe. We recognize these last two plus years have been incredibly challenging for all. We have appreciated the support, understanding and encouragement from our residents, their families and team members and want to reiterate that it has been a privilege to serve you and your loved ones.

After careful consideration, we are adjusting our COVID guidelines at our properties:

- 1. Employees will no longer be mandated to wear masks while in the building. If we determine that we are in an active outbreak, masks will be reinstated for the duration of the outbreak.
- 2. Masks will continue to be available for use by any staff member, resident, or visitor if they wish.

## Additional Guideline Review:

- 1. We will continue with a symptom-based testing strategy. When a resident or staff member presents with symptoms, we will test only those individuals and report positivity both to the property as well as the local health departments and state agencies as required.
- 2. Positive residents will be asked to quarantine/ isolate for the recommended time period. Individuals with known exposure or close contact we ask to voluntarily quarantine or isolate and abstain from communal dining and activities. We will leave it to individual choice for all negative or asymptomatic residents whether they decide to participate in communal dining and activities while a positive case is present. For those negative or



asymptomatic residents who choose to have in-room dining, we ask that you provide notice for your desire to have meals delivered to your room.

- 3. In the event that a building has a critical number of positive residents, we will be prioritizing staff and PPE usage for Assisted and Memory Care residents. For all positive Independent residents, we will be delivering meals to their doors but not serving in their rooms. Family members would be encouraged to come in and assist as deemed appropriate.
- 4. Visitors are not required to wear a mask while in the building. We are asking each visitor to continuously monitor themselves for symptoms and to postpone their visit if they are having symptoms of COVID 19 or have been in close contact with any individual who has tested positive for COVID 19.
- 5. Staff will continue to monitor our assisted residents for any onset of symptoms and will report them to the DON immediately. All residents will be asked to report any new onset of symptoms to staff if they arise.
- 6. Staff members are asked to continuously monitor themselves for symptoms and report any new onset of symptoms to their supervisor immediately.

The nature of this virus makes it imperative for all residents and staff to remain healthy because we reside and work in a communal environment. We ask that each visitor and staff member wash their hands upon entering the building and adhere to all of our infection control measures.

We will continue to provide all updates by way of the health updates page on our website (<u>www.parkvistaliving.org</u>).

If you have questions, please reach out directly to your Executive Director. I can also be reached at (563) 503 - 6001.

Sincerely,

Julie long

Julie Lorergan, Owner/CEO Park Vista Senior Housing Management, LLC