

# Park Vista

retirement living

October 28th to November 3rd

-Sunday-

## Seasoned Pork Loin

Served with Mashed Potato, Gravy, and Brussel sprouts, plus your choice of homemade soup, tossed salad, cottage cheese or applesauce. Dessert...Rice Krispy treat

Sunday Evening

Beef Burrito, refried beans, and peas. Dessert... Butter scotch pudding

-Monday-

## Chicken Tacos

Served with Spanish rice, and Baja Vegetable blend, plus your choice of homemade soup, tossed salad, cottage cheese or applesauce. Dessert... five cup salad

Monday Evening

Tuna tetrazzini, Garlic bread, and Cauliflower. Dessert...Apple Crisp

-Tuesday-

## Sloppy Joes

Served with baked beans, and Sicilian vegetables, plus your choice of homemade soup, Tossed salad, cottage cheese or applesauce. Dessert...m&m peanut butter bars

Tuesday Evening

Beef tips, mashed potato, gravy, and Sunshine carrots. Dessert...Strawberry rhubarb pie

-Wednesday-

## Baked chicken Thigh

Served with onion roasted potatoes, and asparagus, plus your choice of homemade soup, Tossed salad, cottage cheese or applesauce. Dessert... Strawberry cake

Wednesday Evening

Shrimp basket, fries, and coleslaw. Dessert... Ice cream sandwich

-Thursday-

## Potato Crusted Cod

Served with Wild rice, and Capri vegetables, plus your choice of homemade soup, Tossed salad or cottage cheese. Dessert...applesauce Jell-O

Thursday Evening

Turkey Club, chips, and pears. Dessert...Pumpkin angel food cake

-Friday-

## Meatballs

Served with sweet potatoes and California blend vegetables, plus your choice of homemade soup, tossed salad, cottage cheese or applesauce. And for dessert...English toffee dessert

Friday Evening

Biscuit and gravy, Bacon, and hash browns. Dessert assorted Danish

-Saturday-

## Open faced Turkey sandwich

Served with mashed potato, gravy, and wax beans, plus your choice of homemade soup, tossed salad, cottage cheese or applesauce. Dessert... Pumpkin cheese bars

Saturday Evening

Cheese burger with lettuce tomato onion, potato salad, and California blend. Dessert...

Butterscotch pudding